

PLASTICITY AND DAMAGE

— PART III —

rate-independent unidirectional damage with visco-plasticity, thermodynamics, etc.

Tomáš Roubíček

Charles University, Prague & Czech Academy of Sciences

The plot:

Part I: basic scenario: rate-independent plasticity + rate-independent damage

Part II: perfect plasticity with rate dependent damage with a possible healing

Part III: rate-independent unidirectional damage with visco-plasticity, thermodynamics, etc.

Part IV: tutorial – further outlooks
(combination with other processes, large strains, etc.)

- 1 Plain damage-visco-plastic model
 - The governing equation/inclusions
 - The weak formulation
 - Analysis: time discretisation, a-priori estimates, convergence
- 2 Some modifications and expansions
 - Phenomena like creep or fatigue
- 3 A general thermodynamics and examples
 - A general thermodynamics
 - Example: plasticity with hardening and thermal expansion

- Main features:
- 1) irreversible (= unidirectional) rate-independent damage
 - 2) visco-elastic material
 - 3) rate-dependent plasticity (allows “cheaply” no hardening)
 - 4) combination with other phenomena or processes
(creep, diffusion/swelling)

The **classical formulation** of the Biot inclusion $\partial_{\frac{dq}{dt}} \mathcal{R}(q; \frac{dq}{dt}) + \partial_q \mathcal{E}(t, q) \ni 0$:
 “viscosity” in the plastic flow rule + visco-elasticity in Kelvin-Voigt rheology,
 plastic-dependent damage activation, and
 again gradient of π (as in Part I) and damageable yield stress (as in Part II).
 no hyper-stresses, no healing force, and no hardening needed (though possible).

The **governing equation/inclusions** read as:

$$\operatorname{div} \sigma + g = 0 \quad \text{with} \quad \sigma = \mathbb{C}(\zeta) e_{\text{el}} + \mathbb{D}(\zeta) \frac{\partial e_{\text{el}}}{\partial t}, \quad (\text{momentum equilibrium})$$

$$\alpha \frac{\partial \pi}{\partial t} + \partial \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) + \mathbb{H} \pi \ni \operatorname{dev} \sigma + \kappa_1 \Delta \pi \quad (\text{plastic flow rule})$$

$$\partial \delta_{[-a(\pi), \infty)}^* \left(\frac{\partial \zeta}{\partial t} \right) + \frac{1}{2} \mathbb{C}'(\zeta) e_{\text{el}} : e_{\text{el}} \\
+ N_{[0,1]}(\zeta) \ni \kappa_2 \operatorname{div} (|\nabla \zeta|^{r-2} \nabla \zeta) \quad \text{with} \quad e_{\text{el}} = e(u) - \pi \quad (\text{damage flow rule})$$

with the boundary conditions:

$$u = w_{\text{Dir}} \quad \text{on } \Gamma_{\text{Dir}},$$

$$\sigma \vec{n} = f \quad \text{on } \Gamma_{\text{Neu}},$$

$$\nabla \zeta \cdot \vec{n} = 0 \quad \text{and} \quad \nabla \pi \vec{n} = 0 \quad \text{on } \Gamma.$$

The **classical formulation** of the Biot inclusion $\partial_{\frac{dq}{dt}} \mathcal{R}(q; \frac{dq}{dt}) + \partial_q \mathcal{E}(t, q) \ni 0$:
 “viscosity” in the plastic flow rule + visco-elasticity in Kelvin-Voigt rheology,
 plastic-dependent damage activation, and
 again gradient of π (as in Part I) and damageable yield stress (as in Part II).

The **governing equation/inclusions** read as:

$$\operatorname{div} \sigma + g = 0 \quad \text{with} \quad \sigma = \mathbb{C}(\zeta) e_{\text{el}} + \mathbb{D}(\zeta) \frac{\partial e_{\text{el}}}{\partial t}, \quad (\text{momentum equilibrium})$$

$$\alpha \frac{\partial \pi}{\partial t} + \partial \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) + \mathbb{H} \pi \ni \operatorname{dev} \sigma + \kappa_1 \Delta \pi \quad (\text{plastic flow rule})$$

$$\begin{aligned} & \partial \delta_{[-a(\pi), \infty)}^* \left(\frac{\partial \zeta}{\partial t} \right) + \frac{1}{2} \mathbb{C}'(\zeta) e_{\text{el}} : e_{\text{el}} \\ & + N_{[0,1]}(\zeta) \ni \kappa_2 \operatorname{div} (|\nabla \zeta|^{r-2} \nabla \zeta) \quad \text{with} \quad e_{\text{el}} = e(u) - \pi \quad (\text{damage flow rule}) \end{aligned}$$

with the boundary conditions:

$$u = w_{\text{Dir}} \quad \text{on} \quad \Gamma_{\text{Dir}},$$

$$\sigma \vec{n} = f \quad \text{on} \quad \Gamma_{\text{Neu}},$$

$$\nabla \zeta \cdot \vec{n} = 0 \quad \text{and} \quad \nabla \pi \vec{n} = 0 \quad \text{on} \quad \Gamma.$$

If $\zeta_0 \leq 1$, the normal cone $N_{[0,1]}$ can be replaced by $N_{[\zeta_0, \infty)}$

The **classical formulation** of the Biot inclusion $\partial_{\frac{dq}{dt}} \mathcal{R}(q; \frac{dq}{dt}) + \partial_q \mathcal{E}(t, q) \ni 0$:
 “viscosity” in the plastic flow rule + visco-elasticity in Kelvin-Voigt rheology,
 plastic-dependent damage activation, and
 again gradient of π (as in Part I) and damageable yield stress (as in Part II).

The **governing equation/inclusions** read as:

$$\operatorname{div} \sigma + g = 0 \quad \text{with} \quad \sigma = \mathbb{C}(\zeta) e_{\text{el}} + \mathbb{D}(\zeta) \frac{\partial e_{\text{el}}}{\partial t}, \quad (\text{momentum equilibrium})$$

$$\alpha \frac{\partial \pi}{\partial t} + \partial \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) + \mathbb{H} \pi \ni \operatorname{dev} \sigma + \kappa_1 \Delta \pi \quad (\text{plastic flow rule})$$

$$\begin{aligned} & \partial \delta_{[-a(\pi), \infty)}^* \left(\frac{\partial \zeta}{\partial t} \right) + \frac{1}{2} \mathbb{C}'(\zeta) e_{\text{el}} : e_{\text{el}} \\ & + N_{[0,1]}(\zeta) \ni \kappa_2 \operatorname{div} (|\nabla \zeta|^{r-2} \nabla \zeta) \quad \text{with} \quad e_{\text{el}} = e(u) - \pi \quad (\text{damage flow rule}) \end{aligned}$$

with the boundary conditions:

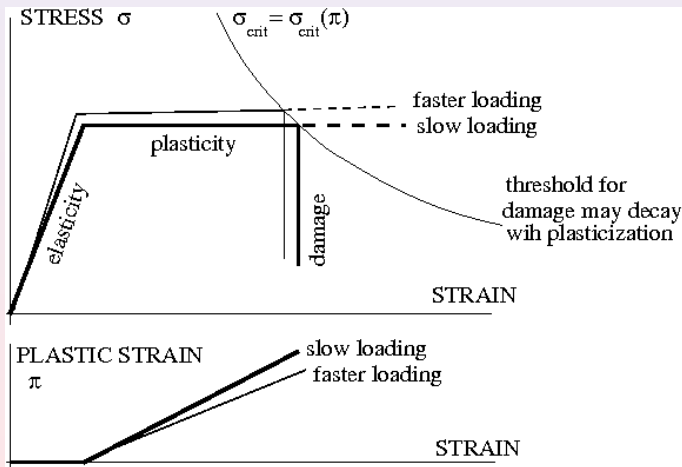
$$u = w_{\text{Dir}} \quad \text{on} \quad \Gamma_{\text{Dir}},$$

$$\sigma \vec{n} = f \quad \text{on} \quad \Gamma_{\text{Neu}},$$

$$\nabla \zeta \cdot \vec{n} = 0 \quad \text{and} \quad \nabla \pi \vec{n} = 0 \quad \text{on} \quad \Gamma.$$

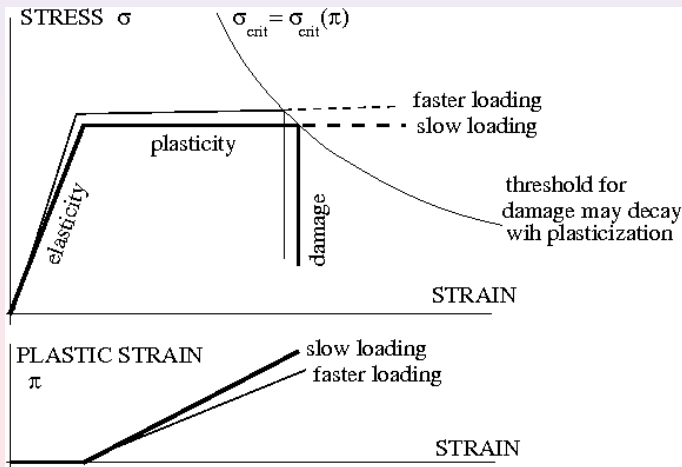
If $\zeta_0 \leq 1$, the normal cone $N_{[0,1]}$ can be replaced by $N_{[0,\infty)}$.

The dependence of α on π may lead to a scenario **first plasticizing** and **then damaging** under loading (like in Part I, but) even without any hardening.



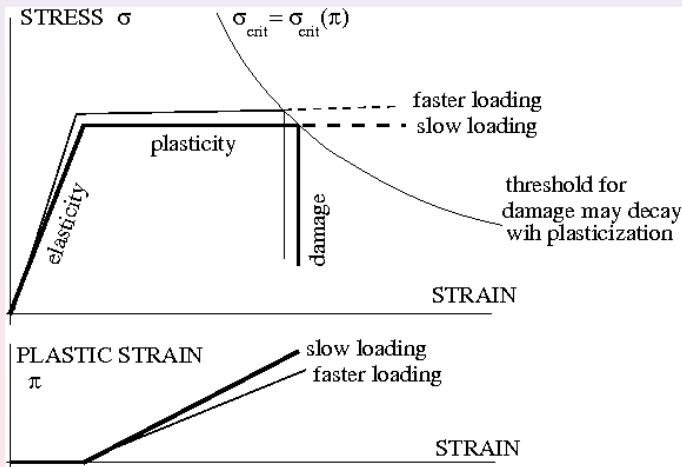
This picture is "rate-dependent" due to $\alpha > 0$ and $\mathbb{D} > 0$. For very slow loading, a damage combined with (nearly) perfect plasticity can thus be modelled.

The dependence of a on π may lead to a scenario first plasticizing and then damaging under loading (like in Part I, but) even without any hardening.



If (even small) kinematic hardening $\mathbb{H} > 0$ is considered, then a "microscopical" interpretation of $a = a(\pi) = \tilde{a}(\mathbb{H}^{-1}\pi)$ depending on hardening.

The dependence of a on π may lead to a scenario first plasticizing and then damaging under loading (like in Part I, but) even without any hardening.



Similarly if (even small) **isotropic hardening** $b > 0$ is considered (see Part I), then again a "microscopical" interpretation of $a = a(\eta)$ depending on hardening.

A substitution of $u + u_{\text{Dir}}$ instead of u .

The state space:

$$\{(u, \pi, \zeta) \in H^1(\Omega; \mathbb{R}^d) \times H^1(\Omega; \mathbb{R}_{\text{dev}}^{d \times d}) \times W^{1,r}(\Omega); u|_{\Gamma_{\text{Dir}}} = 0 \text{ on } \Gamma_{\text{Dir}}\}.$$

The governing functionals:

$$\mathcal{E}(t, u, \pi, \zeta) := \begin{cases} \int_{\Omega} \frac{1}{2} \mathbb{C}(\zeta) e_{\text{el}} : e_{\text{el}} - g(t) \cdot u \\ \quad + \frac{\kappa_1}{2} |\nabla \pi|^2 + \frac{\kappa_2}{r} |\nabla \zeta|^r \, dx - \int_{\Gamma_{\text{Neu}}} f(t) \cdot u \, dS & \text{if } \zeta \geq 0 \text{ a.e. on } \Omega, \\ \infty & \text{otherwise,} \end{cases}$$

$$\mathcal{R}\left(\pi, \zeta; \frac{du}{dt}, \frac{d\pi}{dt}, \frac{d\zeta}{dt}\right) := \begin{cases} \int_{\Omega} \frac{\alpha}{2} \left| \frac{\partial \pi}{\partial t} \right|^2 + \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) \\ \quad + a(\pi) \left| \frac{\partial \zeta}{\partial t} \right| + \frac{1}{2} \mathbb{D}(\zeta) \frac{\partial e_{\text{el}}}{\partial t} : \frac{\partial e_{\text{el}}}{\partial t} \, dx & \text{if } \frac{\partial \zeta}{\partial t} \leq 0 \text{ a.e. on } \Omega, \\ \infty & \text{otherwise.} \end{cases}$$

where now $e_{\text{el}} = (e(u + u_{\text{Dir}}(t)) - \pi)$.

A substitution of $u + u_{\text{Dir}}$ instead of u .

The state space:

$$\{(u, \pi, \zeta) \in H^1(\Omega; \mathbb{R}^d) \times H^1(\Omega; \mathbb{R}_{\text{dev}}^{d \times d}) \times W^{1,r}(\Omega); u|_{\Gamma_{\text{Dir}}} = 0 \text{ on } \Gamma_{\text{Dir}}\}.$$

The governing functionals:

$$\mathcal{E}(t, u, \pi, \zeta) := \begin{cases} \int_{\Omega} \frac{1}{2} \mathbb{C}(\zeta) \mathbf{e}_{\text{el}} : \mathbf{e}_{\text{el}} - \mathbf{g}(t) \cdot \mathbf{u} \\ \quad + \frac{\kappa_1}{2} |\nabla \pi|^2 + \frac{\kappa_2}{r} |\nabla \zeta|^r \, dx - \int_{\Gamma_{\text{Neu}}} \mathbf{f}(t) \cdot \mathbf{u} \, dS & \text{if } \zeta \geq 0 \text{ a.e. on } \Omega, \\ \infty & \text{otherwise,} \end{cases}$$

$$\mathcal{R}\left(\pi, \zeta; \frac{d\mathbf{u}}{dt}, \frac{d\pi}{dt}, \frac{d\zeta}{dt}\right) := \begin{cases} \int_{\Omega} \frac{\alpha}{2} \left| \frac{\partial \pi}{\partial t} \right|^2 + \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) \\ \quad + a(\pi) \left| \frac{\partial \zeta}{\partial t} \right| + \frac{1}{2} \mathbb{D}(\zeta) \frac{\partial \mathbf{e}_{\text{el}}}{\partial t} : \frac{\partial \mathbf{e}_{\text{el}}}{\partial t} \, dx & \text{if } \frac{\partial \zeta}{\partial t} \leq 0 \text{ a.e. on } \Omega, \\ \infty & \text{otherwise.} \end{cases}$$

where now $\mathbf{e}_{\text{el}} = (e(u + u_{\text{Dir}}(t)) - \pi)$.

A **weak formulation**: main features:

- 1) the plastic part (u, π) : conventional weak formulation, but $\nabla \frac{\partial \pi}{\partial t}$ is not well controlled
 \Rightarrow by-part integration in time needed
- 2) the damage part: semistability + energy equality (theory of RIS used),
 $\frac{\partial \zeta}{\partial t}$ controlled only as a measure (though $a(\pi) \in C(\bar{Q})$)
 \Rightarrow by-part integration in time desired.

More specifically, we use:

$$\int_Q \nabla \pi : \nabla \frac{\partial \pi}{\partial t} \, dx dt = \int_\Omega \frac{1}{2} |\nabla \pi(T)|^2 \, dx - \int_\Omega \frac{1}{2} |\nabla \pi(0)|^2 \, dx \quad \text{and}$$

$$\int_{\bar{Q}} \alpha(\pi) \frac{\partial \zeta}{\partial t} \, (dx dt) = \int_\Omega \alpha(\pi(T)) \zeta(T) \, dx - \int_Q \alpha'(\pi) \frac{\partial \pi}{\partial t} \zeta \, dx dt - \int_\Omega \alpha(\pi(0)) \zeta(0) \, dx.$$

The triple (u, π, ζ) with $u \in H^1([0, T]; H^1(\Omega; \mathbb{R}^d))$,
 $\pi \in H^1(0, T; L^2(\Omega; \mathbb{R}_{\text{dev}}^{d \times d})) \cap L^\infty(0, T; H^1(\Omega; \mathbb{R}_{\text{dev}}^{d \times d}))$,
 $\zeta \in B([0, T]; W^{1,r}(\Omega)) \cap BV([0, T]; L^1(\Omega))$

such that also $\Delta \pi \in L^2(Q; \mathbb{R}_{\text{dev}}^{d \times d})$ will be called a **weak solution** if.

A **weak formulation**: main features:

- 1) the plastic part (u, π) : conventional weak formulation, but
 $\nabla \frac{\partial \pi}{\partial t}$ is not well controlled
 \Rightarrow by-part integration in time needed
- 2) the damage part: semistability + energy equality (theory of RIS used),
 $\frac{\partial \zeta}{\partial t}$ controlled only as a measure (though $a(\pi) \in C(\bar{Q})$)
 \Rightarrow by-part integration in time desired.

More specifically, we use:

$$\int_Q \nabla \pi : \nabla \frac{\partial \pi}{\partial t} \, dx dt = \int_\Omega \frac{1}{2} |\nabla \pi(T)|^2 \, dx - \int_\Omega \frac{1}{2} |\nabla \pi(0)|^2 \, dx \quad \text{and}$$

$$\int_{\bar{Q}} \alpha(\pi) \frac{\partial \zeta}{\partial t} \, (dx dt) = \int_\Omega \alpha(\pi(T)) \zeta(T) \, dx - \int_Q \alpha'(\pi) \frac{\partial \pi}{\partial t} \zeta \, dx dt - \int_\Omega \alpha(\pi(0)) \zeta(0) \, dx.$$

The triple (u, π, ζ) with

$$u \in H^1([0, T]; H^1(\Omega; \mathbb{R}^d)),$$

$$\pi \in H^1(0, T; L^2(\Omega; \mathbb{R}_{\text{dev}}^{d \times d})) \cap L^\infty(0, T; H^1(\Omega; \mathbb{R}_{\text{dev}}^{d \times d})),$$

$$\zeta \in B([0, T]; W^{1,r}(\Omega)) \cap BV([0, T]; L^1(\Omega))$$

such that also $\Delta \pi \in L^2(Q; \mathbb{R}_{\text{dev}}^{d \times d})$ will be called a **weak solution** if:

A **weak formulation**: main features:

- 1) the plastic part (u, π) : conventional weak formulation, but
 $\nabla \frac{\partial \pi}{\partial t}$ is not well controlled
 \Rightarrow by-part integration in time needed
- 2) the damage part: semistability + energy equality (theory of RIS used),
 $\frac{\partial \zeta}{\partial t}$ controlled only as a measure (though $a(\pi) \in C(\bar{Q})$)
 \Rightarrow by-part integration in time desired.

More specifically, we use:

$$\int_Q \nabla \pi : \nabla \frac{\partial \pi}{\partial t} \, dx dt = \int_\Omega \frac{1}{2} |\nabla \pi(T)|^2 \, dx - \int_\Omega \frac{1}{2} |\nabla \pi(0)|^2 \, dx \quad \text{and}$$

$$\int_{\bar{Q}} \alpha(\pi) \frac{\partial \zeta}{\partial t} \, (dx dt) = \int_\Omega \alpha(\pi(T)) \zeta(T) \, dx - \int_Q \alpha'(\pi) \frac{\partial \pi}{\partial t} \zeta \, dx dt - \int_\Omega \alpha(\pi(0)) \zeta(0) \, dx.$$

The triple (u, π, ζ) with

$$u \in H^1([0, T]; H^1(\Omega; \mathbb{R}^d)),$$

$$\pi \in H^1(0, T; L^2(\Omega; \mathbb{R}_{\text{dev}}^{d \times d})) \cap L^\infty(0, T; H^1(\Omega; \mathbb{R}_{\text{dev}}^{d \times d})),$$

$$\zeta \in B([0, T]; W^{1,r}(\Omega)) \cap BV([0, T]; L^1(\Omega))$$

such that also $\Delta \pi \in L^2(Q; \mathbb{R}_{\text{dev}}^{d \times d})$ will be called a **weak solution** if:

Momentum equation: $\forall v$:

$$\int_Q \left(\mathbb{C}(\zeta) e_{\text{el}} + \mathbb{D}(\zeta) \frac{\partial e_{\text{el}}}{\partial t} \right) : e(v) - g \cdot v \, dx dt = \int_{\Gamma_{\text{Neu}}} f \cdot v \, dS dt.$$

Plastic flow rule: $\forall v$ valued in $\mathbb{R}^{d \times d}_{\text{dev}}$:

$$\begin{aligned} \int_Q \frac{\alpha}{2} |v|^2 + \delta_{S(\zeta)}^*(v) - \left(\mathbb{C}(\zeta) e_{\text{el}} + \mathbb{D}(\zeta) \frac{\partial e_{\text{el}}}{\partial t} \right) : \left(v - \frac{\partial \pi}{\partial t} \right) \\ + \kappa_1 \nabla \pi : \left(\nabla v - \nabla \frac{\partial \pi}{\partial t} \right) \, dx dt \geq \int_Q \frac{\alpha}{2} \left| \frac{\partial \pi}{\partial t} \right|^2 + \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) \, dx dt \end{aligned}$$

Semi-stability: $\forall_{\text{a.a.}} t \in [0, T] \, \forall 0 \leq \tilde{\zeta} \leq \zeta(t)$ with $e_{\text{el}}(t) = e(u(t) + u_{\text{Dir}}(t)) - \pi(t)$:

$$\begin{aligned} \int_{\Omega} \frac{1}{2} \mathbb{C}(\zeta) e_{\text{el}}(t) : e_{\text{el}}(t) + \frac{\kappa_2}{r} |\nabla \zeta(t)|^r \, dx \\ \leq \int_{\Omega} \frac{1}{2} \mathbb{C}(\tilde{\zeta}) e_{\text{el}}(t) : e_{\text{el}}(t) + \frac{\kappa_2}{r} |\nabla \tilde{\zeta}|^r + a(\pi(t)) (\tilde{\zeta} - \zeta(t)) \, dx \end{aligned}$$

Energy equality:

$$\begin{aligned} \int_Q \alpha \left| \frac{\partial \pi}{\partial t} \right|^2 + \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) + \mathbb{D}(\zeta) \frac{\partial e_{\text{el}}}{\partial t} : \frac{\partial e_{\text{el}}}{\partial t} \, dx dt + \int_{\bar{Q}} a(\pi) \left| \frac{\partial \zeta}{\partial t} \right| \, (dx dt) \\ + \mathcal{E}(T, u(T), \pi(T), \zeta(T)) = \mathcal{E}(0, u_0, \pi_0, \zeta_0) + \int_0^T \mathcal{E}'_t(t, u(t), \pi(t), \zeta(t)) \, dt. \end{aligned}$$

Momentum equation: $\forall v$:

$$\int_Q \left(\mathbb{C}(\zeta) e_{\text{el}} + \mathbb{D}(\zeta) \frac{\partial e_{\text{el}}}{\partial t} \right) : e(v) - g \cdot v \, dx dt = \int_{\Gamma_{\text{Neu}}} f \cdot v \, dS dt.$$

Plastic flow rule: $\forall v$ valued in $\mathbb{R}^{d \times d}_{\text{dev}}$:

$$\begin{aligned} \int_Q \frac{\alpha}{2} |v|^2 + \delta_{S(\zeta)}^*(v) - \left(\mathbb{C}(\zeta) e_{\text{el}} + \mathbb{D}(\zeta) \frac{\partial e_{\text{el}}}{\partial t} \right) : \left(v - \frac{\partial \pi}{\partial t} \right) \\ + \kappa_1 \nabla \pi : \left(\nabla v - \nabla \frac{\partial \pi}{\partial t} \right) \, dx dt \geq \int_Q \frac{\alpha}{2} \left| \frac{\partial \pi}{\partial t} \right|^2 + \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) \, dx dt \end{aligned}$$

Semi-stability: $\forall_{\text{a.a.}} t \in [0, T] \, \forall 0 \leq \tilde{\zeta} \leq \zeta(t)$ with $e_{\text{el}}(t) = e(u(t) + u_{\text{Dir}}(t)) - \pi(t)$:

$$\begin{aligned} \int_{\Omega} \frac{1}{2} \mathbb{C}(\zeta) e_{\text{el}}(t) : e_{\text{el}}(t) + \frac{\kappa_2}{r} |\nabla \zeta(t)|^r \, dx \\ \leq \int_{\Omega} \frac{1}{2} \mathbb{C}(\tilde{\zeta}) e_{\text{el}}(t) : e_{\text{el}}(t) + \frac{\kappa_2}{r} |\nabla \tilde{\zeta}|^r + a(\pi(t)) (\tilde{\zeta} - \zeta(t)) \, dx \end{aligned}$$

Energy equality:

$$\begin{aligned} \int_Q \alpha \left| \frac{\partial \pi}{\partial t} \right|^2 + \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) + \mathbb{D}(\zeta) \frac{\partial e_{\text{el}}}{\partial t} : \frac{\partial e_{\text{el}}}{\partial t} \, dx dt + \int_{\bar{Q}} a(\pi) \left| \frac{\partial \zeta}{\partial t} \right| \, (dx dt) \\ + \mathcal{E}(T, u(T), \pi(T), \zeta(T)) = \mathcal{E}(0, u_0, \pi_0, \zeta_0) + \int_0^T \mathcal{E}'_t(t, u(t), \pi(t), \zeta(t)) \, dt. \end{aligned}$$

Momentum equation: $\forall v$:

$$\int_Q \left(\mathbb{C}(\zeta) e_{\text{el}} + \mathbb{D}(\zeta) \frac{\partial e_{\text{el}}}{\partial t} \right) : e(v) - g \cdot v \, dx dt = \int_{\Gamma_{\text{Neu}}} f \cdot v \, dS dt.$$

Plastic flow rule: $\forall v$ valued in $\mathbb{R}^{d \times d}$:

by-part integration to be done

$$\begin{aligned} \int_Q \frac{\alpha}{2} |v|^2 + \delta_{S(\zeta)}^*(v) - \left(\mathbb{C}(\zeta) e_{\text{el}} + \mathbb{D}(\zeta) \frac{\partial e_{\text{el}}}{\partial t} \right) : \left(v - \frac{\partial \pi}{\partial t} \right) \\ + \kappa_1 \nabla \pi : \left(\nabla v - \nabla \frac{\partial \pi}{\partial t} \right) \, dx dt \geq \int_Q \frac{\alpha}{2} \left| \frac{\partial \pi}{\partial t} \right|^2 + \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) \, dx dt \end{aligned}$$

Semi-stability: $\forall_{\text{a.a.}} t \in [0, T] \, \forall 0 \leq \tilde{\zeta} \leq \zeta(t)$ with $e_{\text{el}}(t) = e(u(t) + u_{\text{Dir}}(t)) - \pi(t)$:

$$\begin{aligned} \int_{\Omega} \frac{1}{2} \mathbb{C}(\zeta) e_{\text{el}}(t) : e_{\text{el}}(t) + \frac{\kappa_2}{r} |\nabla \zeta(t)|^r \, dx \\ \leq \int_{\Omega} \frac{1}{2} \mathbb{C}(\tilde{\zeta}) e_{\text{el}}(t) : e_{\text{el}}(t) + \frac{\kappa_2}{r} |\nabla \tilde{\zeta}|^r + a(\pi(t)) (\tilde{\zeta} - \zeta(t)) \, dx \end{aligned}$$

Energy equality:

by-part integration to be done

$$\begin{aligned} \int_Q \alpha \left| \frac{\partial \pi}{\partial t} \right|^2 + \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) + \mathbb{D}(\zeta) \frac{\partial e_{\text{el}}}{\partial t} : \frac{\partial e_{\text{el}}}{\partial t} \, dx dt - \int_{\bar{Q}} a(\pi) \frac{\partial \zeta}{\partial t} \, (dx dt) \\ + \mathcal{E}(T, u(T), \pi(T), \zeta(T)) = \mathcal{E}(0, u_0, \pi_0, \zeta_0) + \int_0^T \mathcal{E}'_t(t, u(t), \pi(t), \zeta(t)) \, dt. \end{aligned}$$

Momentum equation: $\forall v$:

$$\int_Q \left(\mathbb{C}(\zeta) e_{el} + \mathbb{D}(\zeta) \frac{\partial e_{el}}{\partial t} \right) : e(v) - g \cdot v \, dx dt = \int_{\Gamma_{Neu}} f \cdot v \, dS dt.$$

Plastic flow rule: $\forall v$ valued in $\mathbb{R}_{dev}^{d \times d}$:

$$\begin{aligned} \int_Q \frac{\alpha}{2} |v|^2 + \delta_{S(\zeta)}^*(v) - \left(\mathbb{C}(\zeta) e_{el} + \mathbb{D}(\zeta) \frac{\partial e_{el}}{\partial t} \right) : \left(v - \frac{\partial \pi}{\partial t} \right) + \kappa_1 \nabla \pi : \nabla v \, dx dt \\ + \int_{\Omega} \frac{\kappa_1}{2} |\nabla \pi_0|^2 dx \geq \int_Q \frac{\alpha}{2} \left| \frac{\partial \pi}{\partial t} \right|^2 + \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) dx dt + \int_{\Omega} \frac{\kappa_1}{2} |\nabla \pi(T)|^2 dx \end{aligned}$$

Semi-stability: $\forall_{a.a.} t \in [0, T] \forall 0 \leq \tilde{\zeta} \leq \zeta(t)$ with $e_{el}(t) = e(u(t) + u_{Dir}(t)) - \pi(t)$:

$$\begin{aligned} \int_{\Omega} \frac{1}{2} \mathbb{C}(\zeta) e_{el}(t) : e_{el}(t) + \frac{\kappa_2}{r} |\nabla \zeta(t)|^r dx \\ \leq \int_{\Omega} \frac{1}{2} \mathbb{C}(\tilde{\zeta}) e_{el}(t) : e_{el}(t) + \frac{\kappa_2}{r} |\nabla \tilde{\zeta}|^r + a(\pi(t)) (\tilde{\zeta} - \zeta(t)) dx \end{aligned}$$

Energy equality:

$$\begin{aligned} \int_Q \alpha \left| \frac{\partial \pi}{\partial t} \right|^2 + \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) + \mathbb{D}(\zeta) \frac{\partial e_{el}}{\partial t} : \frac{\partial e_{el}}{\partial t} + a'(\pi) \zeta \frac{\partial \pi}{\partial t} \, dx dt + \int_{\Omega} a(\pi(T)) \zeta(T) \, dx \\ + \mathcal{E}(T, u(T), \pi(T), \zeta(T)) = \mathcal{E}(0, u_0, \pi_0, \zeta_0) + \int_0^T \mathcal{E}'_t(t, u(t), \pi(t), \zeta(t)) \, dt + \int_{\Omega} a(\pi_0) \zeta_0 \, dx. \end{aligned}$$

Time discretisation by fractional-step strategy:

$$\operatorname{div} \sigma_{\tau}^k + \mathbf{g}_{\tau}^k = 0 \quad \text{with} \quad \sigma_{\tau}^k = \mathbb{C}(\zeta_{\tau}^{k-1}) \mathbf{e}_{\text{el},\tau}^k + \mathbb{D}(\zeta_{\tau}^{k-1}) \frac{\mathbf{e}_{\text{el},\tau}^k - \mathbf{e}_{\text{el},\tau}^{k-1}}{\tau},$$

$$\alpha \frac{\pi_{\tau}^k - \pi_{\tau}^{k-1}}{\tau} + \partial \delta_{S(\zeta_{\tau}^{k-1})}^* \left(\frac{\pi_{\tau}^k - \pi_{\tau}^{k-1}}{\tau} \right) \ni \operatorname{dev} \sigma_{\tau}^k + \kappa_1 \Delta \pi_{\tau}^k$$

$$\partial \delta_{[-a(\pi_{\tau}^k), \infty)}^* \left(\frac{\zeta_{\tau}^k - \zeta_{\tau}^{k-1}}{\tau} \right) + \frac{1}{2} \mathbb{C}'(\zeta_{\tau}^k) \mathbf{e}_{\text{el},\tau}^k : \mathbf{e}_{\text{el},\tau}^k$$

$$+ N_{[0,1]}(\zeta_{\tau}^k) \ni \kappa_2 \operatorname{div} (|\nabla \zeta_{\tau}^k|^{r-2} \nabla \zeta) \quad \text{with} \quad \mathbf{e}_{\text{el},\tau}^k = \mathbf{e}(u_{\tau}^k + u_{\text{Dir},\tau}^k) - \pi_{\tau}^k$$

with the boundary conditions:

$$u_{\tau}^k = 0 \quad \text{on } \Gamma_{\text{Dir}},$$

$$\sigma_{\tau}^k \vec{n} = \mathbf{f} \quad \text{on } \Gamma_{\text{Neu}},$$

$$\nabla \zeta_{\tau}^k \cdot \vec{n} = 0 \quad \text{and} \quad \nabla \pi_{\tau}^k \vec{n} = 0 \quad \text{on } \Gamma$$

to be solved first for $(u_{\tau}^k, \pi_{\tau}^k)$ and then for ζ_{τ}^k recursively for $k = 1, \dots, T/\tau$.

Given $(\pi_\tau^{k-1}, \zeta_\tau^{k-1})$:

A minimization problem to obtain (u_τ^k, π_τ^k) :

$$\left. \begin{array}{l} \text{Minimize} \quad (u, \pi) \mapsto \mathcal{E}(k_\tau, u, \pi, \zeta_\tau^{k-1}) + \mathcal{R}(0, \zeta_\tau^{k-1}; \pi - \pi_\tau^{k-1}, 0) \\ \text{subject to} \quad u \in H^1(\Omega; \mathbb{R}^d), \quad \pi \in H^1(\Omega; \mathbb{R}_{\text{dev}}^{d \times d}), \quad u = 0 \text{ on } \Gamma_{\text{Dir}}, \end{array} \right\}$$

and second minimization problem to obtain ζ_τ^k :

$$\left. \begin{array}{l} \text{Minimize} \quad \zeta \mapsto \mathcal{E}(k_\tau, u_\tau^k, \pi_\tau^k, \zeta) + \tau \mathcal{R}\left(\pi_\tau^{k-1}, 0; 0, \frac{\zeta - \zeta_\tau^{k-1}}{\tau}\right) \\ \text{subject to} \quad \zeta \in W^{1,r}(\Omega), \quad 0 \leq \zeta \leq \zeta_\tau^{k-1} \text{ on } \Omega, \end{array} \right\}$$

Solutions exist by coercivity, convexity, and lower semicontinuity arguments.

If \mathbb{C}' is nondecreasing (again with respect to the Löwner's ordering),
 these problems are convex.

Given $(\pi_\tau^{k-1}, \zeta_\tau^{k-1})$:

A minimization problem to obtain (u_τ^k, π_τ^k) :

$$\left. \begin{array}{l} \text{Minimize} \quad (u, \pi) \mapsto \mathcal{E}(k_\tau, u, \pi, \zeta_\tau^{k-1}) + \mathcal{R}(0, \zeta_\tau^{k-1}; \pi - \pi_\tau^{k-1}, 0) \\ \text{subject to} \quad u \in H^1(\Omega; \mathbb{R}^d), \quad \pi \in H^1(\Omega; \mathbb{R}_{\text{dev}}^{d \times d}), \quad u = 0 \text{ on } \Gamma_{\text{Dir}}, \end{array} \right\}$$

and second minimization problem to obtain ζ_τ^k :

$$\left. \begin{array}{l} \text{Minimize} \quad \zeta \mapsto \mathcal{E}(k_\tau, u_\tau^k, \pi_\tau^k, \zeta) + \tau \mathcal{R}\left(\pi_\tau^{k-1}, 0; 0, \frac{\zeta - \zeta_\tau^{k-1}}{\tau}\right) \\ \text{subject to} \quad \zeta \in W^{1,r}(\Omega), \quad 0 \leq \zeta \leq \zeta_\tau^{k-1} \text{ on } \Omega, \end{array} \right\}$$

Solutions exist by coercivity, convexity, and lower semicontinuity arguments.

If \mathbb{C}' is nondecreasing (again with respect to the Löwner's ordering), these problems are convex.

We test the discrete inclusions respectively by $u_\tau^k - u_\tau^{k-1}$, $\pi_\tau^k - \pi_\tau^{k-1}$, and $\zeta_\tau^k - \zeta_\tau^{k-1}$. Relying on the convexity of $\mathcal{E}(k\tau, \cdot, \cdot, \zeta_\tau^{k-1})$ and of $\mathcal{E}(k\tau, u_\tau^k, \pi_\tau^k, \cdot)$, we obtain the estimates

$$\begin{aligned} & \mathcal{E}(k\tau, u_\tau^k, \pi_\tau^k, \zeta_\tau^{k-1}) + \tau \int_\Omega \alpha \left| \frac{\pi_\tau^k - \pi_\tau^{k-1}}{\tau} \right|^2 + \delta_{S(\zeta_\tau^{k-1})}^* \left(\frac{\pi_\tau^k - \pi_\tau^{k-1}}{\tau} \right) \\ & + \mathbb{D}(\zeta_\tau^{k-1}) \frac{e_{\text{el},\tau}^k - e_{\text{el},\tau}^{k-1}}{\tau} : \frac{e_{\text{el},\tau}^k - e_{\text{el},\tau}^{k-1}}{\tau} dx \leq \mathcal{E}(k\tau, u_\tau^{k-1}, \pi_\tau^{k-1}, \zeta_\tau^{k-1}), \\ & \mathcal{E}(k\tau, u_\tau^k, \pi_\tau^k, \zeta_\tau^k) + \int_\Omega a(\pi_\tau^k)(\zeta_\tau^k - \zeta_\tau^{k-1}) dx \leq \mathcal{E}(k\tau, u_\tau^k, \pi_\tau^k, \zeta_\tau^{k-1}). \end{aligned}$$

By summing these estimates, we can again enjoy the cancellation of the terms $\pm \mathcal{E}(k\tau, u_\tau^k, \pi_\tau^k, \zeta_\tau^{k-1})$, and thus obtain

$$\begin{aligned} & \mathcal{E}(k\tau, u_\tau^k, \pi_\tau^k, \zeta_\tau^k) + \tau \widehat{\mathcal{R}} \left(\pi_\tau^k, \zeta_\tau^{k-1}; \frac{u_\tau^k - u_\tau^{k-1}}{\tau}, \frac{\pi_\tau^k - \pi_\tau^{k-1}}{\tau}, \frac{\zeta_\tau^k - \zeta_\tau^{k-1}}{\tau} \right) \leq \mathcal{E}(k\tau, u_\tau^{k-1}, \pi_\tau^{k-1}, \zeta_\tau^{k-1}) \\ & = \mathcal{E}((k-1)\tau, u_\tau^{k-1}, \pi_\tau^{k-1}, \zeta_\tau^{k-1}) + \int_{(k-1)\tau}^{k\tau} \frac{\partial \mathcal{E}}{\partial t}(t, u_\tau^{k-1}, \pi_\tau^{k-1}, \zeta_\tau^{k-1}) dt \end{aligned}$$

with the dissipation rate $\widehat{\mathcal{R}}$ defined as

$$\widehat{\mathcal{R}}(\pi, \zeta; \dot{u}, \dot{\pi}, \dot{\zeta}) := \int_\Omega \delta_{S(\zeta)}^*(\dot{\pi}) + a(\pi)|\dot{\zeta}| + \mathbb{D}(\zeta) \dot{e}_{\text{el}} : \dot{e}_{\text{el}} dx \quad \text{with } \dot{e}_{\text{el}} = e(\dot{u}) - \dot{\pi}.$$

We test the discrete inclusions respectively by $u_\tau^k - u_\tau^{k-1}$, $\pi_\tau^k - \pi_\tau^{k-1}$, and $\zeta_\tau^k - \zeta_\tau^{k-1}$. Relying on the convexity of $\mathcal{E}(k\tau, \cdot, \cdot, \zeta_\tau^{k-1})$ and of $\mathcal{E}(k\tau, u_\tau^k, \pi_\tau^k, \cdot)$, we obtain the estimates

$$\begin{aligned} & \mathcal{E}(k\tau, u_\tau^k, \pi_\tau^k, \zeta_\tau^{k-1}) + \tau \int_\Omega \alpha \left| \frac{\pi_\tau^k - \pi_\tau^{k-1}}{\tau} \right|^2 + \delta_{S(\zeta_\tau^{k-1})}^* \left(\frac{\pi_\tau^k - \pi_\tau^{k-1}}{\tau} \right) \\ & + \mathbb{D}(\zeta_\tau^{k-1}) \frac{e_{\text{el},\tau}^k - e_{\text{el},\tau}^{k-1}}{\tau} : \frac{e_{\text{el},\tau}^k - e_{\text{el},\tau}^{k-1}}{\tau} dx \leq \mathcal{E}(k\tau, u_\tau^{k-1}, \pi_\tau^{k-1}, \zeta_\tau^{k-1}), \\ & \mathcal{E}(k\tau, u_\tau^k, \pi_\tau^k, \zeta_\tau^k) + \int_\Omega a(\pi_\tau^k)(\zeta_\tau^k - \zeta_\tau^{k-1}) dx \leq \mathcal{E}(k\tau, u_\tau^k, \pi_\tau^k, \zeta_\tau^{k-1}). \end{aligned}$$

By summing these estimates, we can again enjoy the cancellation of the terms $\pm \mathcal{E}(k\tau, u_\tau^k, \pi_\tau^k, \zeta_\tau^{k-1})$, and thus obtain

$$\begin{aligned} & \mathcal{E}(k\tau, u_\tau^k, \pi_\tau^k, \zeta_\tau^k) + \tau \widehat{\mathcal{R}} \left(\pi_\tau^k, \zeta_\tau^{k-1}; \frac{u_\tau^k - u_\tau^{k-1}}{\tau}, \frac{\pi_\tau^k - \pi_\tau^{k-1}}{\tau}, \frac{\zeta_\tau^k - \zeta_\tau^{k-1}}{\tau} \right) \leq \mathcal{E}(k\tau, u_\tau^{k-1}, \pi_\tau^{k-1}, \zeta_\tau^{k-1}) \\ & = \mathcal{E}((k-1)\tau, u_\tau^{k-1}, \pi_\tau^{k-1}, \zeta_\tau^{k-1}) + \int_{(k-1)\tau}^{k\tau} \frac{\partial \mathcal{E}}{\partial t}(t, u_\tau^{k-1}, \pi_\tau^{k-1}, \zeta_\tau^{k-1}) dt \end{aligned}$$

with the dissipation rate $\widehat{\mathcal{R}}$ defined as

$$\widehat{\mathcal{R}}(\pi, \zeta; \dot{u}, \dot{\pi}, \dot{\zeta}) := \int_\Omega \delta_{S(\zeta)}^*(\dot{\pi}) + a(\pi)|\dot{\zeta}| + \mathbb{D}(\zeta) \dot{e}_{\text{el}} : \dot{e}_{\text{el}} dx \quad \text{with } \dot{e}_{\text{el}} = e(\dot{u}) - \dot{\pi}.$$

By the discrete Gronwall inequality, we obtain boundedness of $\sup_{t \in [0, T]} \mathcal{E}_\tau(t, \bar{u}_\tau, \bar{\pi}_\tau, \bar{\zeta}_\tau)$ and $\int_0^T \widehat{\mathcal{R}}(\bar{\pi}_\tau, \underline{\zeta}_\tau; \frac{d\pi_\tau}{dt}, \frac{d\zeta_\tau}{dt}) dt$.

From the coercivity of \mathcal{E} and \mathcal{R} , we thus obtain the a-priori estimates:

$$\begin{aligned} \|\bar{e}_{el, \tau}\|_{L^\infty(0, T; L^2(\Omega; \mathbb{R}_{sym}^{d \times d}))} &\leq C, & \|e_{el, \tau}\|_{H^1(0, T; L^2(\Omega; \mathbb{R}_{sym}^{d \times d}))} &\leq C, \\ \|\bar{\pi}_\tau\|_{L^\infty(0, T; H^1(\Omega; \mathbb{R}_{dev}^{d \times d}))} &\leq C, & \|\pi_\tau\|_{H^1(0, T; L^2(\Omega; \mathbb{R}_{dev}^{d \times d}))} &\leq C, \\ \|\bar{\zeta}_\tau\|_{B([0, T]; W^{1, r}(\Omega)) \cap BV([0, T]; L^1(\Omega)) \cap L^\infty(Q)} &\leq C, \end{aligned}$$

so that, by Korn's inequality, using $e(u_\tau) = e_{el, \tau} + \pi_\tau$, also

$$\|\bar{u}_\tau\|_{L^\infty(0, T; H^1(\Omega; \mathbb{R}^d))} \leq C, \quad \|u_\tau\|_{H^1(0, T; H^1(\Omega; \mathbb{R}^d))} \leq C,$$

and by comparison also

$$\|\Delta \bar{\pi}_\tau\|_{L^2(Q; \mathbb{R}_{dev}^{d \times d})} = \frac{1}{\kappa_1} \left\| \alpha \frac{\partial \pi_\tau}{\partial t} + \partial \delta_{S(\underline{\zeta}_\tau)}^* \left(\frac{\partial \pi_\tau}{\partial t} \right) - \text{dev } \bar{\sigma}_\tau \right\|_{L^2(Q; \mathbb{R}_{dev}^{d \times d})} \leq C.$$

The same estimate as for $\bar{\zeta}_\tau$ also holds for $\underline{\zeta}_\tau$.

By the discrete Gronwall inequality, we obtain boundedness of $\sup_{t \in [0, T]} \mathcal{E}_\tau(t, \bar{u}_\tau, \bar{\pi}_\tau, \bar{\zeta}_\tau)$ and $\int_0^T \widehat{\mathcal{R}}(\bar{\pi}_\tau, \underline{\zeta}_\tau; \frac{d\pi_\tau}{dt}, \frac{d\zeta_\tau}{dt}) dt$.

From the coercivity of \mathcal{E} and \mathcal{R} , we thus obtain the **a-priori estimates**:

$$\begin{aligned} \|\bar{e}_{el, \tau}\|_{L^\infty(0, T; L^2(\Omega; \mathbb{R}_{sym}^{d \times d}))} &\leq C, & \|e_{el, \tau}\|_{H^1(0, T; L^2(\Omega; \mathbb{R}_{sym}^{d \times d}))} &\leq C, \\ \|\bar{\pi}_\tau\|_{L^\infty(0, T; H^1(\Omega; \mathbb{R}_{dev}^{d \times d}))} &\leq C, & \|\pi_\tau\|_{H^1(0, T; L^2(\Omega; \mathbb{R}_{dev}^{d \times d}))} &\leq C, \\ \|\underline{\zeta}_\tau\|_{B([0, T]; W^{1, r}(\Omega)) \cap BV([0, T]; L^1(\Omega)) \cap L^\infty(Q)} &\leq C, \end{aligned}$$

so that, by Korn's inequality, using $e(u_\tau) = e_{el, \tau} + \pi_\tau$, also

$$\|\bar{u}_\tau\|_{L^\infty(0, T; H^1(\Omega; \mathbb{R}^d))} \leq C, \quad \|u_\tau\|_{H^1(0, T; H^1(\Omega; \mathbb{R}^d))} \leq C,$$

and by comparison also

$$\|\Delta \bar{\pi}_\tau\|_{L^2(Q; \mathbb{R}_{dev}^{d \times d})} = \frac{1}{\kappa_1} \left\| \alpha \frac{\partial \pi_\tau}{\partial t} + \partial \delta_{S(\underline{\zeta}_\tau)}^* \left(\frac{\partial \pi_\tau}{\partial t} \right) - \text{dev } \bar{\sigma}_\tau \right\|_{L^2(Q; \mathbb{R}_{dev}^{d \times d})} \leq C.$$

The **same estimate** as for $\bar{\zeta}_\tau$ also holds for $\underline{\zeta}_\tau$.

Convergence:

1) Banach selection principle:

$$\begin{array}{ll} u_\tau \rightarrow u & \text{weakly in } H^1(0, T; H^1(\Omega; \mathbb{R}^d)), \\ \pi_\tau \rightarrow \pi & \text{weakly in } H^1(0, T; L^2(\Omega; \mathbb{R}_{\text{dev}}^{d \times d})), \\ \bar{\zeta}_\tau \rightarrow \zeta, \quad \underline{\zeta}_\tau \rightarrow \zeta & \text{weakly* in } L^\infty(Q), \end{array}$$

2) the limit passage in the discrete momentum equilibrium

$$\operatorname{div} \left(\mathbb{C}(\underline{\zeta}_\tau) \bar{e}_{\text{el}, \tau} + \mathbb{D} \frac{\partial e_{\text{el}, \tau}}{\partial t} \right) + \bar{g}_\tau = 0$$

by weak continuity (+ compactness in ζ)

3) strong convergence of $\bar{e}_{el,\tau}$ in $L^2([0, T] \times \Omega; \mathbb{R}_{\text{sym}}^{d \times d})$ (like in Part I):

...it needs \mathbb{D} not depending on ζ , however!

the discrete momentum equilibrium $\text{div}(\mathbb{C}(\underline{\zeta}_\tau) \bar{e}_{el,\tau} + \mathbb{D} \frac{\partial}{\partial t} e_{el,\tau}) + \bar{g}_\tau = 0$

the discrete plastic flow-rule $\alpha \bar{\xi}_\tau - \text{dev } \bar{\sigma}_\tau = \kappa_1 \Delta \bar{\pi}_\tau$ with

$\bar{\sigma}_\tau = \mathbb{C}(\underline{\zeta}_\tau) \bar{e}_{el,\tau} + \mathbb{D} \frac{\partial}{\partial t} e_{el,\tau}$ and $\bar{\xi}_\tau \in \partial \delta_\zeta^* (\frac{\partial}{\partial t} \pi_\tau)$ and

$\bar{e}_{el,\tau} = e(\bar{u}_\tau - \bar{u}_{\text{Dir},\tau}) - \bar{\pi}_\tau$ with B.C. considered in the weak sense and

tested respectively by $\bar{u}_\tau(t) - u(t)$ and $\bar{\pi}_\tau(t) - \pi(t)$ and integrated over $[0, T]$.

$$\begin{aligned} & \int_Q \mathbb{C}(\underline{\zeta}_\tau) (\bar{e}_{el,\tau} - e_{el}) : (\bar{e}_{el,\tau} - e_{el}) + \frac{\kappa_1}{2} |\nabla \bar{\pi}_\tau - \nabla \pi|^2 \, dx dt \\ & \leq \int_Q -\mathbb{C}(\underline{\zeta}_\tau) e_{el} : (\bar{e}_{el,\tau} - e_{el}) + \bar{\xi}_\tau : (\bar{\pi}_\tau - \pi) + \frac{\kappa_1}{2} \nabla \pi : \nabla (\bar{\pi}_\tau - \pi) \\ & \quad - \mathbb{D} \frac{\partial e_{el,\tau}}{\partial t} : (\bar{e}_{el,\tau} - e_{el}) - \alpha \frac{\partial \pi_\tau}{\partial t} : (\bar{\pi}_\tau - \pi) - \bar{f}_\tau \cdot (\bar{u}_\tau - u) \, dx dt \\ & \quad - \int_{\Sigma_{\text{Neu}}} \bar{g}_\tau \cdot (\bar{u}_\tau - u) \, dS dt \rightarrow 0. \end{aligned}$$

3) strong convergence of $\bar{e}_{el,\tau}$ in $L^2([0, T] \times \Omega; \mathbb{R}_{\text{sym}}^{d \times d})$ (like in Part I):

...it needs \mathbb{D} not depending on ζ , however!

the discrete momentum equilibrium $\text{div}(\mathbb{C}(\underline{\zeta}_\tau)\bar{e}_{el,\tau} + \mathbb{D}\frac{\partial}{\partial t}e_{el,\tau}) + \bar{g}_\tau = 0$

the discrete plastic flow-rule $\alpha\bar{\xi}_\tau - \text{dev}\bar{\sigma}_\tau = \kappa_1\Delta\bar{\pi}_\tau$ with

$\bar{\sigma}_\tau = \mathbb{C}(\underline{\zeta}_\tau)\bar{e}_{el,\tau} + \mathbb{D}\frac{\partial}{\partial t}e_{el,\tau}$ and $\bar{\xi}_\tau \in \partial\delta_\zeta^*(\frac{\partial}{\partial t}\pi_\tau)$ and

$\bar{e}_{el,\tau} = e(\bar{u}_\tau - \bar{u}_{\text{Dir},\tau}) - \bar{\pi}_\tau$ with B.C. considered in the weak sense and

tested respectively by $\bar{u}_\tau(t) - u(t)$ and $\bar{\pi}_\tau(t) - \pi(t)$ and integrated over $[0, T]$.

$$\begin{aligned} & \int_Q \mathbb{C}(\underline{\zeta}_\tau)(\bar{e}_{el,\tau} - e_{el}) : (\bar{e}_{el,\tau} - e_{el}) + \frac{\kappa_1}{2} |\nabla\bar{\pi}_\tau - \nabla\pi|^2 \, dxdt \\ & \leq \int_Q -\mathbb{C}(\underline{\zeta}_\tau)e_{el} : (\bar{e}_{el,\tau} - e_{el}) + \bar{\xi}_\tau : (\bar{\pi}_\tau - \pi) + \frac{\kappa_1}{2} \nabla\pi : \nabla(\bar{\pi}_\tau - \pi) \\ & \quad - \mathbb{D}\frac{\partial e_{el,\tau}}{\partial t} : (\bar{e}_{el,\tau} - e_{el}) - \alpha\frac{\partial\pi_\tau}{\partial t} : (\bar{\pi}_\tau - \pi) - \bar{f}_\tau \cdot (\bar{u}_\tau - u) \, dxdt \\ & \quad - \int_{\Sigma_{\text{Neu}}} \bar{g}_\tau \cdot (\bar{u}_\tau - u) \, dSdt \rightarrow 0. \end{aligned}$$

3) strong convergence of $\bar{e}_{el,\tau}$ in $L^2([0, T] \times \Omega; \mathbb{R}_{sym}^{d \times d})$ (like in Part I):

...it needs \mathbb{D} not depending on ζ , however!

the discrete momentum equilibrium $\text{div}(\mathbb{C}(\underline{\zeta}_\tau)\bar{e}_{el,\tau} + \mathbb{D}\frac{\partial}{\partial t}e_{el,\tau}) + \bar{g}_\tau = 0$

the discrete plastic flow-rule $\alpha\bar{\xi}_\tau - \text{dev}\bar{\sigma}_\tau = \kappa_1\Delta\bar{\pi}_\tau$ with

$\bar{\sigma}_\tau = \mathbb{C}(\underline{\zeta}_\tau)\bar{e}_{el,\tau} + \mathbb{D}\frac{\partial}{\partial t}e_{el,\tau}$ and $\bar{\xi}_\tau \in \partial\delta_S^*(\frac{\partial}{\partial t}\pi_\tau)$ and

$\bar{e}_{el,\tau} = e(\bar{u}_\tau - \bar{u}_{Dir,\tau}) - \bar{\pi}_\tau$ with B.C. considered in the weak sense and

tested respectively by $\bar{u}_\tau(t) - u(t)$ and $\bar{\pi}_\tau(t) - \pi(t)$ and integrated over $[0, T]$.

$$\begin{aligned} & \int_Q \mathbb{C}(\underline{\zeta}_\tau)(\bar{e}_{el,\tau} - e_{el}) : (\bar{e}_{el,\tau} - e_{el}) + \frac{\kappa_1}{2} |\nabla\bar{\pi}_\tau - \nabla\pi|^2 dxdt \\ & \leq \int_Q -\mathbb{C}(\underline{\zeta}_\tau)e_{el} : (\bar{e}_{el,\tau} - e_{el}) + \bar{\xi}_\tau : (\bar{\pi}_\tau - \pi) + \frac{\kappa_1}{2} \nabla\pi : \nabla(\bar{\pi}_\tau - \pi) \\ & \quad - \mathbb{D}\frac{\partial e_{el,\tau}}{\partial t} : (\bar{e}_{el,\tau} - e_{el}) - \alpha\frac{\partial\pi_\tau}{\partial t} : (\bar{\pi}_\tau - \pi) - \bar{f}_\tau \cdot (\bar{u}_\tau - u) dxdt \\ & \quad - \int_{\Sigma_{Neu}} \bar{g}_\tau \cdot (\bar{u}_\tau - u) dSdt \rightarrow 0. \end{aligned}$$

$\Rightarrow \bar{e}_{el,\tau}(t) \rightarrow e_{el}(t) \quad \& \quad \bar{\pi}_\tau(t) \rightarrow \pi(t) \quad \text{strongly in } H^1(\Omega; \mathbb{R}_{sym}^{d \times d})$

$\Rightarrow e(\bar{u}_\tau(t)) = e(u_{Dir,\tau}(t)) + \bar{\pi}_\tau(t) + \bar{e}_{el,\tau}(t) \rightarrow e(u(t)) \text{ strongly in } L^2(\Omega; \mathbb{R}_{sym}^{d \times d})$

$\Rightarrow \bar{u}_\tau(t) \rightarrow u(t) \text{ strongly in } H^1(\Omega; \mathbb{R}^d).$

3) strong convergence of $\bar{e}_{el,\tau}$ in $L^2([0, T] \times \Omega; \mathbb{R}_{sym}^{d \times d})$ (like in Part I):

...it needs \mathbb{D} not depending on ζ , however!

the discrete momentum equilibrium $\text{div}(\mathbb{C}(\underline{\zeta}_\tau)\bar{e}_{el,\tau} + \mathbb{D}\frac{\partial}{\partial t}e_{el,\tau}) + \bar{g}_\tau = 0$

the discrete plastic flow-rule $\alpha\bar{\xi}_\tau - \text{dev}\bar{\sigma}_\tau = \kappa_1\Delta\bar{\pi}_\tau$ with

$\bar{\sigma}_\tau = \mathbb{C}(\underline{\zeta}_\tau)\bar{e}_{el,\tau} + \mathbb{D}\frac{\partial}{\partial t}e_{el,\tau}$ and $\bar{\xi}_\tau \in \partial\delta_\zeta^*(\frac{\partial}{\partial t}\pi_\tau)$ and

$\bar{e}_{el,\tau} = e(\bar{u}_\tau - \bar{u}_{Dir,\tau}) - \bar{\pi}_\tau$ with B.C. considered in the weak sense and

tested respectively by $\bar{u}_\tau(t) - u(t)$ and $\bar{\pi}_\tau(t) - \pi(t)$ and integrated over $[0, T]$.

$$\begin{aligned} & \int_Q \mathbb{C}(\underline{\zeta}_\tau)(\bar{e}_{el,\tau} - e_{el}) : (\bar{e}_{el,\tau} - e_{el}) + \frac{\kappa_1}{2} |\nabla\bar{\pi}_\tau - \nabla\pi|^2 dxdt \\ & \leq \int_Q -\mathbb{C}(\underline{\zeta}_\tau)e_{el} : (\bar{e}_{el,\tau} - e_{el}) + \bar{\xi}_\tau : (\bar{\pi}_\tau - \pi) + \frac{\kappa_1}{2} \nabla\pi : \nabla(\bar{\pi}_\tau - \pi) \\ & \quad - \mathbb{D}\frac{\partial e_{el,\tau}}{\partial t} : (\bar{e}_{el,\tau} - e_{el}) - \alpha\frac{\partial\pi_\tau}{\partial t} : (\bar{\pi}_\tau - \pi) - \bar{f}_\tau \cdot (\bar{u}_\tau - u) dxdt \\ & \quad - \int_{\Sigma_{Neu}} \bar{g}_\tau \cdot (\bar{u}_\tau - u) dSdt \rightarrow 0. \end{aligned}$$

Important note: $S \subset \mathbb{R}_{dev}^{d \times d}$ bounded $\Rightarrow (\bar{\xi}_\tau)_{\tau>0} \subset L^\infty(Q; \mathbb{R}_{dev}^{d \times d})$ bounded

\Rightarrow relatively compact in $L^2(0, T; H^1(\Omega; \mathbb{R}_{dev}^{d \times d})^*)$ (here $\nabla\pi$ needed!)

$\Rightarrow \int_Q \bar{\xi}_\tau(t) : (\bar{\pi}_\tau(t) - \pi(t)) dxdt \rightarrow 0$

3) strong convergence of $\bar{e}_{el,\tau}$ in $L^2([0, T] \times \Omega; \mathbb{R}_{\text{sym}}^{d \times d})$ (like in Part I):

...it needs \mathbb{D} not depending on ζ , however!

the discrete momentum equilibrium $\text{div}(\mathbb{C}(\underline{\zeta}_\tau) \bar{e}_{el,\tau} + \mathbb{D} \frac{\partial}{\partial t} e_{el,\tau}) + \bar{g}_\tau = 0$

the discrete plastic flow-rule $\alpha \bar{\xi}_\tau - \text{dev } \bar{\sigma}_\tau = \kappa_1 \Delta \bar{\pi}_\tau$ with

$\bar{\sigma}_\tau = \mathbb{C}(\underline{\zeta}_\tau) \bar{e}_{el,\tau} + \mathbb{D} \frac{\partial}{\partial t} e_{el,\tau}$ and $\bar{\xi}_\tau \in \partial \delta_\zeta^* (\frac{\partial}{\partial t} \pi_\tau)$ and

$\bar{e}_{el,\tau} = e(\bar{u}_\tau - \bar{u}_{\text{Dir},\tau}) - \bar{\pi}_\tau$ with B.C. considered in the weak sense and

tested respectively by $\bar{u}_\tau(t) - u(t)$ and $\bar{\pi}_\tau(t) - \pi(t)$ and integrated over $[0, T]$.

$$\begin{aligned} & \int_Q \mathbb{C}(\underline{\zeta}_\tau) (\bar{e}_{el,\tau} - e_{el}) : (\bar{e}_{el,\tau} - e_{el}) + \frac{\kappa_1}{2} |\nabla \bar{\pi}_\tau - \nabla \pi|^2 \, dxdt \\ & \leq \int_Q -\mathbb{C}(\underline{\zeta}_\tau) e_{el} : (\bar{e}_{el,\tau} - e_{el}) + \bar{\xi}_\tau : (\bar{\pi}_\tau - \pi) + \frac{\kappa_1}{2} \nabla \pi : \nabla (\bar{\pi}_\tau - \pi) \\ & \quad - \mathbb{D} \frac{\partial e_{el,\tau}}{\partial t} : (\bar{e}_{el,\tau} - e_{el}) - \alpha \frac{\partial \pi_\tau}{\partial t} : (\bar{\pi}_\tau - \pi) - \bar{f}_\tau \cdot (\bar{u}_\tau - u) \, dxdt \\ & \quad - \int_{\Sigma_{\text{Neu}}} \bar{g}_\tau \cdot (\bar{u}_\tau - u) \, dSdt \rightarrow 0. \end{aligned}$$

Another note: $\limsup_{\tau \rightarrow 0} \int_Q -\mathbb{D} \frac{\partial e_{el,\tau}}{\partial t} : (\bar{e}_{el,\tau} - e_{el}) \, dxdt \leq \int_\Omega \frac{1}{2} \mathbb{D} e_{el,\tau}(0) : e_{el,\tau}(0) \, dx$

$- \limsup_{\tau \rightarrow 0} \int_\Omega \frac{1}{2} \mathbb{D} e_{el,\tau}(T) : e_{el,\tau}(T) \, dx + \lim_{\tau \rightarrow 0} \int_Q \mathbb{D} \frac{\partial e_{el,\tau}}{\partial t} : e_{el} \, dxdt = 0$

(here we needed \mathbb{D} constant)

3) strong convergence of $\bar{e}_{el,\tau}$ in $L^2([0, T] \times \Omega; \mathbb{R}_{sym}^{d \times d})$ (like in Part I):

...it needs \mathbb{D} not depending on ζ , however!

the discrete momentum equilibrium $\operatorname{div}(\mathbb{C}(\underline{\zeta}_\tau) \bar{e}_{el,\tau} + \mathbb{D} \frac{\partial}{\partial t} e_{el,\tau}) + \bar{g}_\tau = 0$

the discrete plastic flow-rule $\alpha \bar{\xi}_\tau - \operatorname{div} \bar{\sigma}_\tau = \kappa_1 \Delta \bar{\pi}_\tau$ with

$\bar{\sigma}_\tau = \mathbb{C}(\underline{\zeta}_\tau) \bar{e}_{el,\tau} + \mathbb{D} \frac{\partial}{\partial t} e_{el,\tau}$ and $\bar{\xi}_\tau \in \partial \delta_\zeta^* (\frac{\partial}{\partial t} \pi_\tau)$ and

$\bar{e}_{el,\tau} = e(\bar{u}_\tau - \bar{u}_{Dir,\tau}) - \bar{\pi}_\tau$ with B.C. considered in the weak sense and

tested respectively by $\bar{u}_\tau(t) - u(t)$ and $\bar{\pi}_\tau(t) - \pi(t)$ and integrated over $[0, T]$.

$$\begin{aligned} & \int_Q \mathbb{C}(\underline{\zeta}_\tau) (\bar{e}_{el,\tau} - e_{el}) : (\bar{e}_{el,\tau} - e_{el}) + \frac{\kappa_1}{2} |\nabla \bar{\pi}_\tau - \nabla \pi|^2 \, dxdt \\ & \leq \int_Q -\mathbb{C}(\underline{\zeta}_\tau) e_{el} : (\bar{e}_{el,\tau} - e_{el}) + \bar{\xi}_\tau : (\bar{\pi}_\tau - \pi) + \frac{\kappa_1}{2} \nabla \pi : \nabla (\bar{\pi}_\tau - \pi) \\ & \quad - \mathbb{D} \frac{\partial e_{el,\tau}}{\partial t} : (\bar{e}_{el,\tau} - e_{el}) - \alpha \frac{\partial \pi_\tau}{\partial t} : (\bar{\pi}_\tau - \pi) - \bar{f}_\tau \cdot (\bar{u}_\tau - u) \, dxdt \\ & \quad - \int_{\Sigma_{Neu}} \bar{g}_\tau \cdot (\bar{u}_\tau - u) \, dSdt \rightarrow 0. \end{aligned}$$

Similarly also $\limsup_{\tau \rightarrow 0} \int_Q -\alpha \frac{\partial \pi_\tau}{\partial t} : (\bar{\pi}_\tau - \pi) \, dxdt \leq 0$.

Note also the differences from a similar estimate in Part I

(with now $\mathbb{H} = 0$ here).

3) strong convergence of $\bar{e}_{el,\tau}$ in $L^2([0, T] \times \Omega; \mathbb{R}_{\text{sym}}^{d \times d})$ (like in Part I):
 ...it needs \mathbb{D} not depending on ζ , however!

the discrete momentum equilibrium $\text{div}(\mathbb{C}(\underline{\zeta}_\tau) \bar{e}_{el,\tau} + \mathbb{D} \frac{\partial}{\partial t} e_{el,\tau}) + \bar{g}_\tau = 0$

the discrete plastic flow-rule $\alpha \bar{\xi}_\tau - \text{div} \bar{\sigma}_\tau = \kappa_1 \Delta \bar{\pi}_\tau$ with

$\bar{\sigma}_\tau = \mathbb{C}(\underline{\zeta}_\tau) \bar{e}_{el,\tau} + \mathbb{D} \frac{\partial}{\partial t} e_{el,\tau}$ and $\bar{\xi}_\tau \in \partial \delta_\zeta^* (\frac{\partial}{\partial t} \pi_\tau)$ and

$\bar{e}_{el,\tau} = e(\bar{u}_\tau - \bar{u}_{\text{Dir},\tau}) - \bar{\pi}_\tau$ with B.C. considered in the weak sense and tested respectively by $\bar{u}_\tau(t) - u(t)$ and $\bar{\pi}_\tau(t) - \pi(t)$ and **integrated over $[0, T]$** .

$$\begin{aligned} & \int_Q \mathbb{C}(\underline{\zeta}_\tau) (\bar{e}_{el,\tau} - e_{el}) : (\bar{e}_{el,\tau} - e_{el}) + \frac{\kappa_1}{2} |\nabla \bar{\pi}_\tau - \nabla \pi|^2 \, dxdt \\ & \leq \int_Q -\mathbb{C}(\underline{\zeta}_\tau) e_{el} : (\bar{e}_{el,\tau} - e_{el}) + \bar{\xi}_\tau : (\bar{\pi}_\tau - \pi) + \frac{\kappa_1}{2} \nabla \pi : \nabla (\bar{\pi}_\tau - \pi) \\ & \quad - \mathbb{D} \frac{\partial e_{el,\tau}}{\partial t} : (\bar{e}_{el,\tau} - e_{el}) - \alpha \frac{\partial \pi_\tau}{\partial t} : (\bar{\pi}_\tau - \pi) - \bar{f}_\tau \cdot (\bar{u}_\tau - u) \, dxdt \\ & \quad - \int_{\Sigma_{\text{Neu}}} \bar{g}_\tau \cdot (\bar{u}_\tau - u) \, dSdt \rightarrow 0. \end{aligned}$$

Similarly also $\limsup_{\tau \rightarrow 0} \int_Q -\alpha \frac{\partial \pi_\tau}{\partial t} : (\bar{\pi}_\tau - \pi) \, dxdt \leq 0$.

Note also the **differences from** a similar estimate in **Part I**

(with now $\mathbb{H} = 0$ here).

4) limit passage in the discrete plastic flow rule (after by-part summation):

$$\int_Q \frac{\alpha}{2} |v|^2 + \delta_{S(\underline{\zeta}_\tau)}^*(v) - \left(\mathbb{C}(\underline{\zeta}_\tau) \bar{e}_{el,\tau} + \mathbb{D} \frac{\partial e_{el,\tau}}{\partial t} \right) : \left(v - \frac{\partial \pi_\tau}{\partial t} \right) + \kappa_1 \nabla \bar{\pi}_\tau : \nabla v \, dx dt \\ + \int_\Omega \frac{\kappa_1}{2} |\nabla \pi_0|^2 dx \geq \int_Q \frac{\alpha}{2} \left| \frac{\partial \pi_\tau}{\partial t} \right|^2 + \delta_{S(\underline{\zeta}_\tau)}^* \left(\frac{\partial \pi_\tau}{\partial t} \right) dx dt + \int_\Omega \frac{\kappa_1}{2} |\nabla \pi_\tau(T)|^2 dx$$

is simply by weak (lower semi-)continuity.

4) limit passage in the discrete plastic flow rule (after by-part summation):

$$\int_Q \frac{\alpha}{2} |v|^2 + \delta_{S(\underline{\zeta}_\tau)}^*(v) - \left(\mathbb{C}(\underline{\zeta}_\tau) \bar{e}_{el,\tau} + \mathbb{D} \frac{\partial e_{el,\tau}}{\partial t} \right) : \left(v - \frac{\partial \pi_\tau}{\partial t} \right) + \kappa_1 \nabla \bar{\pi}_\tau : \nabla v \, dxdt$$

$$+ \int_\Omega \frac{\kappa_1}{2} |\nabla \pi_0|^2 dx \geq \int_Q \frac{\alpha}{2} \left| \frac{\partial \pi_\tau}{\partial t} \right|^2 + \delta_{S(\underline{\zeta}_\tau)}^* \left(\frac{\partial \pi_\tau}{\partial t} \right) dxdt + \int_\Omega \frac{\kappa_1}{2} |\nabla \pi_\tau(T)|^2 dx$$

is simply by weak (lower semi-)continuity. The only difficult term is

$$\limsup_{\tau \rightarrow 0} \int_Q \left(\mathbb{C}(\underline{\zeta}_\tau) \bar{e}_{el,\tau} + \mathbb{D} \frac{\partial e_{el,\tau}}{\partial t} \right) : \frac{\partial \pi_\tau}{\partial t} \, dxdt$$

$$= \limsup_{\tau \rightarrow 0} \int_Q \left(\mathbb{C}(\underline{\zeta}_\tau) \bar{e}_{el,\tau} + \mathbb{D} \frac{\partial e_{el,\tau}}{\partial t} \right) : \left(e \left(\frac{\partial u_\tau}{\partial t} \right) - \frac{\partial e_{el,\tau}}{\partial t} \right) dxdt$$

$$= \limsup_{\tau \rightarrow 0} \int_Q -\mathbb{D} \frac{\partial e_{el,\tau}}{\partial t} : \frac{\partial e_{el,\tau}}{\partial t} \, dxdt + \lim_{\tau \rightarrow 0} \left(\int_Q \bar{f}_\tau \cdot \frac{\partial u_\tau}{\partial t} \, dxdt + \int_{\Sigma_{\text{Neu}}} \bar{g}_\tau \cdot \frac{\partial u_\tau}{\partial t} \, dSdt \right)$$

$$\leq \limsup_{\tau \rightarrow 0} \int_Q -\mathbb{D} \frac{\partial e_{el}}{\partial t} : \frac{\partial e_{el}}{\partial t} \, dxdt + \lim_{\tau \rightarrow 0} \left(\int_Q f \cdot \frac{\partial u}{\partial t} \, dxdt + \int_{\Sigma_{\text{Neu}}} g \cdot \frac{\partial u}{\partial t} \, dSdt \right)$$

$$= \int_Q \left(\mathbb{C}(\zeta) e_{el} + \mathbb{D} \frac{\partial e_{el}}{\partial t} \right) : \frac{\partial \pi}{\partial t} \, dxdt$$

(because we already passed to the limit in the momentum equation)

4) limit passage in the discrete plastic flow rule (after by-part summation):

$$\int_Q \frac{\alpha}{2} |v|^2 + \delta_{S(\underline{\zeta}_\tau)}^*(v) - \left(\mathbb{C}(\underline{\zeta}_\tau) \bar{e}_{el,\tau} + \mathbb{D} \frac{\partial e_{el,\tau}}{\partial t} \right) : \left(v - \frac{\partial \pi_\tau}{\partial t} \right) + \kappa_1 \nabla \bar{\pi}_\tau : \nabla v \, dx dt$$

$$+ \int_\Omega \frac{\kappa_1}{2} |\nabla \pi_0|^2 dx \geq \int_Q \frac{\alpha}{2} \left| \frac{\partial \pi_\tau}{\partial t} \right|^2 + \delta_{S(\underline{\zeta}_\tau)}^* \left(\frac{\partial \pi_\tau}{\partial t} \right) dx dt + \int_\Omega \frac{\kappa_1}{2} |\nabla \pi_\tau(T)|^2 dx$$

is simply by weak (lower semi-)continuity. Therefore, in the limit we obtain

$$\int_Q \frac{\alpha}{2} |v|^2 + \delta_{S(\zeta)}^*(v) - \left(\mathbb{C}(\zeta) e_{el} + \mathbb{D} \frac{\partial e_{el}}{\partial t} \right) : \left(v - \frac{\partial \pi}{\partial t} \right) + \kappa_1 \nabla \pi : \nabla v \, dx dt$$

$$+ \int_\Omega \frac{\kappa_1}{2} |\nabla \pi_0|^2 dx \geq \int_Q \frac{\alpha}{2} \left| \frac{\partial \pi}{\partial t} \right|^2 + \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) dx dt + \int_\Omega \frac{\kappa_1}{2} |\nabla \pi(T)|^2 dx$$

which is the weak formulation of the plastic flow rule we saw above.

5) limit passage in the discrete semi-stability (integrated over $[0, T]$):

$$\forall 0 \leq \tilde{\zeta} \leq \zeta \text{ on } Q \text{ with } \bar{e}_{\text{el},\tau} = e(\bar{u}_\tau + \bar{u}_{\text{Dir},\tau}) - \bar{\pi}_\tau:$$

$$\begin{aligned} & \int_Q \frac{1}{2} \mathbb{C}(\bar{\zeta}_\tau) \bar{e}_{\text{el},\tau} : \bar{e}_{\text{el},\tau} + \frac{\kappa_2}{r} |\nabla \bar{\zeta}_\tau|^r \, dx dt \\ & \leq \int_Q \frac{1}{2} \mathbb{C}(\tilde{\zeta}) \bar{e}_{\text{el},\tau} : \bar{e}_{\text{el},\tau} + \frac{\kappa_2}{r} |\nabla \tilde{\zeta}|^r + a(\bar{\pi}_\tau) (\tilde{\zeta} - \bar{\zeta}_\tau) \, dx dt \end{aligned}$$

is simple since we have already proved the strong convergence of $\bar{e}_{\text{el},\tau}$.
 In the limit, after desintegration, we obtain for a.a. $t \in [0, T]$:

$$\begin{aligned} & \int_\Omega \frac{1}{2} \mathbb{C}(\zeta) e_{\text{el}}(t) : e_{\text{el}}(t) + \frac{\kappa_2}{r} |\nabla \zeta(t)|^r \, dx \\ & \leq \int_\Omega \frac{1}{2} \mathbb{C}(\tilde{\zeta}) e_{\text{el}}(t) : e_{\text{el}}(t) + \frac{\kappa_2}{r} |\nabla \tilde{\zeta}|^r + a(\pi(t)) (\tilde{\zeta} - \zeta(t)) \, dx, \end{aligned}$$

which is the semi-stability we saw above (but here only for a.a. t).

6) limit passage in the energy equality:

$$\int_Q \alpha \left| \frac{\partial \pi}{\partial t} \right|^2 + \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) + \mathbb{D} \frac{\partial e_{el}}{\partial t} : \frac{\partial e_{el}}{\partial t} + a'(\pi) \zeta \frac{\partial \pi}{\partial t} \, dx dt + \int_{\Omega} a(\pi(T)) \zeta(T) \, dx \\ + \mathcal{E}(T, u(T), \pi(T), \zeta(T)) = \mathcal{E}(0, u_0, \pi_0, \zeta_0) + \int_0^T \mathcal{E}'_t(t, u(t), \pi(t), \zeta(t)) \, dt + \int_{\Omega} a(\pi_0) \zeta_0 \, dx.$$

relies on

1) the identity

$$\int_Q \Delta \pi : \frac{\partial \pi}{\partial t} \, dx dt = \frac{1}{2} \int_{\Omega} |\nabla \pi_0|^2 - |\nabla \pi(T)|^2,$$

which exploits here the regularity $\Delta \pi \in L^2(Q; \mathbb{R}_{dev}^{d \times d})$ and can be proved either by a mollification in time by a time-difference technique (G. GRÜN, 1995) or in space (as used already in Part II but for ζ instead of π).

2) the Riemann-sum argument

Remark: $\mathbb{D} = 0$ possible

(C. HEINEMANN, C. KRAUS, WIAS Preprint 2012)

(E. BONETTI, C. HEINEMANN, C. KRAUS, A. SEGATTI, WIAS Preprint 2013)

then we would loose e.g. the estimate

$$\|\bar{\mathbf{e}}_{\text{el},\tau} - \underline{\mathbf{e}}_{\text{el},\tau}\|_{L^2(Q;\mathbb{R}^{d \times d})} \leq \tau \left\| \frac{\partial}{\partial t} \mathbf{e}_{\text{el},\tau} \right\|_{L^2(Q;\mathbb{R}^{d \times d})} \rightarrow 0$$

but we did not need it anyhow

(as if we were consider e.g. $S = S(\zeta, \varepsilon)$
and used a semi-implicit discretisation)

One simplification: plasticity \rightarrow creep (Maxwell rheology) $\Leftarrow S(\zeta) \equiv \{0\}$
 in combination with the Kelvin-Voigt rheology \Rightarrow Jeffreys' rheology

One modification: strain controlled viscosity and plasticity
 (instead of stress controlled)

Instead of the former governing equation/inclusions:

$$\operatorname{div} \sigma + g = 0 \quad \text{with } \sigma = \mathbb{C}(\zeta)e_{e1} + \mathbb{D}(\zeta) \frac{\partial e_{e1}}{\partial t}, \quad (\text{momentum equilibrium})$$

$$\alpha \frac{\partial \pi}{\partial t} + \partial \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) \ni \operatorname{dev} \sigma + \kappa_1 \Delta \pi \quad (\text{plastic flow rule})$$

$$\partial \delta_{[-a(\pi), \infty)}^* \left(\frac{\partial \zeta}{\partial t} \right) + \frac{1}{2} \mathbb{C}'(\zeta) e_{e1} : e_{e1} \\ + N_{[0,1]}(\zeta) \ni \kappa_2 \operatorname{div} (|\nabla \zeta|^{r-2} \nabla \zeta) \quad \text{with } e_{e1} = e(u) - \pi \quad (\text{damage flow rule})$$

The modified governing equation/inclusions read as:

$$\operatorname{div} \left(\mathbb{C}(\zeta)(e(u) - \pi) + \mathbb{D}(\zeta) e \left(\frac{\partial u}{\partial t} \right) \right) + g = 0, \quad (\text{momentum equilibrium})$$

$$\alpha \frac{\partial \pi}{\partial t} + \partial \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) \ni \operatorname{dev} (\mathbb{C}(\zeta)(e(u) - \pi)) + \kappa_1 \Delta \pi \quad (\text{plastic flow rule})$$

$$\partial \delta_{[-a(\pi), \infty)}^* \left(\frac{\partial \zeta}{\partial t} \right) + \frac{1}{2} \mathbb{C}'(\zeta) (e(u) - \pi) : (e(u) - \pi) \\ + N_{[0,1]}(\zeta) \ni \kappa_2 \operatorname{div} (|\nabla \zeta|^{r-2} \nabla \zeta) \quad (\text{damage flow rule})$$



One simplification: plasticity \rightarrow creep (Maxwell rheology) $\Leftarrow S(\zeta) \equiv \{0\}$
 in combination with the Kelvin-Voigt rheology \Rightarrow Jeffreys' rheology

One modification: strain controlled viscosity and plasticity
 (instead of stress controlled)

Instead of the former governing equation/inclusions:

$$\operatorname{div} \sigma + g = 0 \quad \text{with } \sigma = \mathbb{C}(\zeta)e_{e1} + \mathbb{D}(\zeta) \frac{\partial e_{e1}}{\partial t}, \quad (\text{momentum equilibrium})$$

$$\alpha \frac{\partial \pi}{\partial t} + \partial \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) \ni \operatorname{dev} \sigma + \kappa_1 \Delta \pi \quad (\text{plastic flow rule})$$

$$\partial \delta_{[-a(\pi), \infty)}^* \left(\frac{\partial \zeta}{\partial t} \right) + \frac{1}{2} \mathbb{C}'(\zeta) e_{e1} : e_{e1} \\ + N_{[0,1]}(\zeta) \ni \kappa_2 \operatorname{div} (|\nabla \zeta|^{r-2} \nabla \zeta) \quad \text{with } e_{e1} = e(u) - \pi \quad (\text{damage flow rule})$$

The modified governing equation/inclusions read as:

$$\operatorname{div} \left(\mathbb{C}(\zeta)(e(u) - \pi) + \mathbb{D}(\zeta) e \left(\frac{\partial u}{\partial t} \right) \right) + g = 0, \quad (\text{momentum equilibrium})$$

$$\alpha \frac{\partial \pi}{\partial t} + \partial \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) \ni \operatorname{dev} (\mathbb{C}(\zeta)(e(u) - \pi)) + \kappa_1 \Delta \pi \quad (\text{plastic flow rule})$$

$$\partial \delta_{[-a(\pi), \infty)}^* \left(\frac{\partial \zeta}{\partial t} \right) + \frac{1}{2} \mathbb{C}'(\zeta) (e(u) - \pi) : (e(u) - \pi) \\ + N_{[0,1]}(\zeta) \ni \kappa_2 \operatorname{div} (|\nabla \zeta|^{r-2} \nabla \zeta) \quad (\text{damage flow rule})$$

$$\mathcal{R}\left(\pi, \zeta; \frac{du}{dt}, \frac{d\pi}{dt}, \frac{d\zeta}{dt}\right) := \begin{cases} \int_{\Omega} \alpha \left| \frac{\partial \pi}{\partial t} \right|^2 + \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) \\ + a(\pi) \left| \frac{\partial \zeta}{\partial t} \right| + \frac{1}{2} \mathbb{D} e \left(\frac{\partial u}{\partial t} \right) : e \left(\frac{\partial u}{\partial t} \right) dx & \text{if } \frac{\partial \zeta}{\partial t} \leq 0 \text{ a.e. on } \Omega, \\ \infty & \text{otherwise.} \end{cases}$$

or

$$\mathcal{R}\left(\pi, \zeta; \frac{du}{dt}, \frac{d\pi}{dt}, \frac{d\zeta}{dt}\right) := \begin{cases} \int_{\Omega} \alpha \left| \frac{\partial \pi}{\partial t} \right|^2 + \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right) \\ + a(\pi) \left| \frac{\partial \zeta}{\partial t} \right| + \frac{1}{2} \mathbb{D} \frac{\partial e_{el}}{\partial t} : \frac{\partial e_{el}}{\partial t} dx & \text{if } \frac{\partial \zeta}{\partial t} \leq 0 \text{ a.e. on } \Omega, \\ \infty & \text{otherwise.} \end{cases}$$

Kelvin-Voigt rheology

in combination with the Maxwell rheology \Rightarrow Jeffreys' rheology

Under cyclical loading, the damage threshold (and possibly also the yield stress) is to depend not on π but rather on the number of cycles – the total dissipated energy at a current spot. This models the phenomenon of a **fatigue**:

$$a = a(d) \quad \text{with} \quad d(t, x) = \int_0^t \delta_{S(\zeta(t', x))}^* \left(\frac{\partial \pi}{\partial t}(t', x) \right) dt'.$$

An example of a rate-independent relation $\frac{\partial d}{\partial t} = \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right)$ which is not in the Biot-equation form.

If gradient viscosity of the type $\alpha \nabla \frac{d\pi}{dt}$ is considered, then compactness in d by the Aubin-Lions theorem: if $S(\zeta) = \{\sigma; |\sigma| \leq \sigma_Y(\zeta)\}$,

$$\nabla d = \int_0^t \nabla \left(\sigma_Y(\zeta) \left| \frac{\partial \pi}{\partial t} \right| \right) dt = \int_0^t \sigma'_Y(\zeta) \nabla \zeta \left| \frac{\partial \pi}{\partial t} \right| + \sigma_Y(\zeta) \text{Dir} \left(\frac{\partial \pi}{\partial t} \right) \nabla \frac{\partial \pi}{\partial t} dt.$$

Then $\nabla \zeta \in L^\infty(L^2)$ and $\frac{\partial \pi}{\partial t} \in L^2(L^6)$ and $\nabla \frac{\partial \pi}{\partial t} \in L^2(L^2)$ implies $\nabla d \in L^\infty(L^3)$. Thus strong convergence of approximate d 's in $L^1(L^1)$ follows.

Under cyclical loading, the damage threshold (and possibly also the yield stress) is to depend not on π but rather on the number of cycles – the total dissipated energy at a current spot. This models the phenomenon of a **fatigue**:

$$a = a(d) \quad \text{with} \quad d(t, x) = \int_0^t \delta_{S(\zeta(t', x))}^* \left(\frac{\partial \pi}{\partial t}(t', x) \right) dt'.$$

An example of a rate-independent relation $\frac{\partial d}{\partial t} = \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right)$ which is not in the Biot-equation form.

If gradient viscosity of the type $\alpha \nabla \frac{d\pi}{dt}$ is considered, then compactness in d by the Aubin-Lions theorem: if $S(\zeta) = \{\sigma; |\sigma| \leq \sigma_Y(\zeta)\}$,

$$\nabla d = \int_0^t \nabla \left(\sigma_Y(\zeta) \left| \frac{\partial \pi}{\partial t} \right| \right) dt = \int_0^t \sigma'_Y(\zeta) \nabla \zeta \left| \frac{\partial \pi}{\partial t} \right| + \sigma_Y(\zeta) \text{Dir} \left(\frac{\partial \pi}{\partial t} \right) \nabla \frac{\partial \pi}{\partial t} dt.$$

Then $\nabla \zeta \in L^\infty(L^2)$ and $\frac{\partial \pi}{\partial t} \in L^2(L^6)$ and $\nabla \frac{\partial \pi}{\partial t} \in L^2(L^2)$ implies $\nabla d \in L^\infty(L^3)$. Thus strong convergence of approximate d 's in $L^1(L^1)$ follows.

Under cyclical loading, the damage threshold (and possibly also the yield stress) is to depend not on π but rather on the number of cycles – the total dissipated energy at a current spot. This models the phenomenon of a **fatigue**:

$$a = a(d) \quad \text{with} \quad d(t, x) = \int_0^t \delta_{S(\zeta(t', x))}^* \left(\frac{\partial \pi}{\partial t}(t', x) \right) dt'.$$

An example of a rate-independent relation $\frac{\partial d}{\partial t} = \delta_{S(\zeta)}^* \left(\frac{\partial \pi}{\partial t} \right)$ which is not in the Biot-equation form.

If gradient viscosity of the type $\alpha \nabla \frac{d\pi}{dt}$ is considered, then compactness in d by the Aubin-Lions theorem: if $S(\zeta) = \{\sigma; |\sigma| \leq \sigma_Y(\zeta)\}$,

$$\nabla d = \int_0^t \nabla \left(\sigma_Y(\zeta) \left| \frac{\partial \pi}{\partial t} \right| \right) dt = \int_0^t \sigma'_Y(\zeta) \nabla \zeta \left| \frac{\partial \pi}{\partial t} \right| + \sigma_Y(\zeta) \text{Dir} \left(\frac{\partial \pi}{\partial t} \right) \nabla \frac{\partial \pi}{\partial t} dt.$$

Then $\nabla \zeta \in L^\infty(L^2)$ and $\frac{\partial \pi}{\partial t} \in L^2(L^6)$ and $\nabla \frac{\partial \pi}{\partial t} \in L^2(L^2)$ implies $\nabla d \in L^\infty(L^3)$. Thus strong convergence of approximate d 's in $L^1(L^1)$ follows.

A general thermodynamics:

$\psi = \psi(u, z, \theta)$ a specific free energy

$s = -\psi'_\theta(u, z, \theta)$ a specific enthalpy

$w(u, \theta, s) := \psi(u, \theta) + \theta s$ a specific internal energy (GIBBS' relation)

The **entropy equation** reads as

$$\theta \frac{\partial s}{\partial t} + \operatorname{div} j = r \quad \text{with } j \overset{\text{heat flux}}{=} -K(u, z, \theta) \nabla \theta \quad \leftarrow \text{FOURIER'S law}$$

where $K = K(u, z, \theta)$ is a heat-transfer coefficient (matrix),
 and r the dissipation (i.e. heat production) rate.

Differentiating $s := -\psi'_\theta(u, z, \theta)$ in time \Rightarrow

$$\frac{\partial s}{\partial t} = -\psi''_{\theta u}(u, z, \theta) \frac{\partial u}{\partial t} - \psi''_{\theta z}(u, z, \theta) \frac{\partial z}{\partial t} - \psi''_{\theta \theta}(u, z, \theta) \frac{\partial \theta}{\partial t}.$$

the specific heat capacity $c_v = c_v(u, z, \theta) := -\theta s'_\theta(u, z, \theta) = -\theta \psi''_{\theta \theta}(u, z, \theta)$.

The **heat-transfer equation**

$$c_v(u, z, \theta) \frac{\partial \theta}{\partial t} - \operatorname{div}(K(u, z, \theta) \nabla \theta) = r + \theta \psi''_{\theta u}(u, z, \theta) \frac{\partial u}{\partial t} + \theta \psi''_{\theta z}(u, z, \theta) \frac{\partial z}{\partial t}.$$

An **enthalpy-like transformation** (assuming, for simplicity, $c_v = c_v(u, \theta)$ only):

$$C_v(u, \theta) := \int_0^1 \theta c_v(u, t\theta) dt.$$

We use the calculus:

$$\begin{aligned} \frac{\partial}{\partial t} [C_v(u, \theta)] &= \int_0^1 c_v(u, t\theta) \frac{\partial \theta}{\partial t} + \theta [c_v]_{\theta}'(u, t\theta) t \frac{\partial \theta}{\partial t} + \theta [c_v]_{u}'(u, t\theta) \frac{\partial u}{\partial t} dt \\ &= \frac{\partial \theta}{\partial t} \left(\int_0^1 c_v(u, t\theta) + [c_v]_{\theta}'(u, t\theta) t \theta dt \right) + \left(\int_0^1 \theta [c_v]_{u}'(u, t\theta) dt \right) \frac{\partial u}{\partial t} \\ &= \frac{\partial \theta}{\partial t} \int_0^1 \frac{d}{dt} (c_v(u, t\theta) t) dt + [C_v]_{u}'(u, \theta) \frac{\partial u}{\partial t} = \frac{\partial \theta}{\partial t} c_v(u, \theta) + [C_v]_{u}'(u, \theta) \frac{\partial u}{\partial t} \\ &\quad \text{with } [C_v]_{u}'(u, \theta) = \int_0^1 \theta [c_v]_{u}'(u, t\theta) dt. \end{aligned}$$

The heat-transfer equation:

$$\frac{\partial \vartheta}{\partial t} - \operatorname{div}(K(u, z, \theta) \nabla \theta) = r + \left(\theta \psi_{\theta u}''(u, \theta) + [C_v]_{u}'(u, \theta) \right) \frac{\partial u}{\partial t}$$

needs to be controlled together with $\vartheta = C_v(u, \theta)$.

A more general situation $c_v = c_v(u, z, \theta)$:

$$\begin{aligned} \frac{\partial \vartheta}{\partial t} - \operatorname{div}(K(u, z, \theta) \nabla \theta) &= r + \left(\theta \psi_{\theta u}''(u, z, \theta) + [C_v]_{u}'(u, z, \theta) \right) \frac{\partial u}{\partial t} \\ &\quad + \left(\theta \psi_{\theta z}''(u, z, \theta) + [C_v]_{z}'(u, z, \theta) \right) \frac{\partial z}{\partial t} \end{aligned}$$

together with $\vartheta = C_v(u, z, \theta) := \int_0^1 \theta c_v(u, z, t\theta) dt$

An enthalpy-like transformation (assuming, for simplicity, $c_v = c_v(u, \theta)$ only):

$$C_v(u, \theta) := \int_0^1 \theta c_v(u, t\theta) dt.$$

We use the calculus:

$$\begin{aligned} \frac{\partial}{\partial t} [C_v(u, \theta)] &= \int_0^1 c_v(u, t\theta) \frac{\partial \theta}{\partial t} + \theta [c_v]'_\theta(u, t\theta) t \frac{\partial \theta}{\partial t} + \theta [c_v]'_u(u, t\theta) \frac{\partial u}{\partial t} dt \\ &= \frac{\partial \theta}{\partial t} \left(\int_0^1 c_v(u, t\theta) + [c_v]'_\theta(u, t\theta) t \theta dt \right) + \left(\int_0^1 \theta [c_v]'_u(u, t\theta) dt \right) \frac{\partial u}{\partial t} \\ &= \frac{\partial \theta}{\partial t} \int_0^1 \frac{d}{dt} (c_v(u, t\theta) t) dt + [C_v]'_u(u, \theta) \frac{\partial u}{\partial t} = \frac{\partial \theta}{\partial t} c_v(u, \theta) + [C_v]'_u(u, \theta) \frac{\partial u}{\partial t} \\ &\quad \text{with } [C_v]'_u(u, \theta) = \int_0^1 \theta [c_v]'_u(u, t\theta) dt. \end{aligned}$$

The heat-transfer equation:

$$\frac{\partial \vartheta}{\partial t} - \operatorname{div}(K(u, z, \theta) \nabla \theta) = r + \left(\theta \psi''_{\theta u}(u, \theta) + [C_v]'_u(u, \theta) \right) \frac{\partial u}{\partial t} \quad \checkmark \text{needs to be controlled}$$

together with $\vartheta = C_v(u, \theta)$.

A more general situation $c_v = c_v(u, z, \theta)$:

$$\begin{aligned} \frac{\partial \vartheta}{\partial t} - \operatorname{div}(K(u, z, \theta) \nabla \theta) &= r + \left(\theta \psi''_{\theta u}(u, z, \theta) + [C_v]'_u(u, z, \theta) \right) \frac{\partial u}{\partial t} \\ &\quad + \left(\theta \psi''_{\theta z}(u, z, \theta) + [C_v]'_z(u, z, \theta) \right) \frac{\partial z}{\partial t} \quad \text{together with } \vartheta = C_v(u, z, \theta) := \int_0^1 \theta c_v(u, z, t\theta) dt \end{aligned}$$

An enthalpy-like transformation (assuming, for simplicity, $c_v = c_v(u, \theta)$ only):

$$C_v(u, \theta) := \int_0^1 \theta c_v(u, t\theta) dt.$$

We use the calculus:

$$\begin{aligned} \frac{\partial}{\partial t} [C_v(u, \theta)] &= \int_0^1 c_v(u, t\theta) \frac{\partial \theta}{\partial t} + \theta [c_v]'_\theta(u, t\theta) t \frac{\partial \theta}{\partial t} + \theta [c_v]'_u(u, t\theta) \frac{\partial u}{\partial t} dt \\ &= \frac{\partial \theta}{\partial t} \left(\int_0^1 c_v(u, t\theta) + [c_v]'_\theta(u, t\theta) t \theta dt \right) + \left(\int_0^1 \theta [c_v]'_u(u, t\theta) dt \right) \frac{\partial u}{\partial t} \\ &= \frac{\partial \theta}{\partial t} \int_0^1 \frac{d}{dt} (c_v(u, t\theta) t) dt + [C_v]'_u(u, \theta) \frac{\partial u}{\partial t} = \frac{\partial \theta}{\partial t} c_v(u, \theta) + [C_v]'_u(u, \theta) \frac{\partial u}{\partial t} \\ &\quad \text{with } [C_v]'_u(u, \theta) = \int_0^1 \theta [c_v]'_u(u, t\theta) dt. \end{aligned}$$

The heat-transfer equation:

$$\frac{\partial \vartheta}{\partial t} - \operatorname{div}(K(u, z, \theta) \nabla \theta) = r + \left(\theta \psi''_{\theta u}(u, \theta) + [C_v]'_u(u, \theta) \right) \frac{\partial u}{\partial t} \quad \leftarrow \text{needs to be controlled}$$

together with $\vartheta = C_v(u, \theta)$.

A more general situation $c_v = c_v(u, z, \theta)$:

$$\begin{aligned} \frac{\partial \vartheta}{\partial t} - \operatorname{div}(K(u, z, \theta) \nabla \theta) &= r + \left(\theta \psi''_{\theta u}(u, z, \theta) + [C_v]'_u(u, z, \theta) \right) \frac{\partial u}{\partial t} \\ &\quad + \left(\theta \psi''_{\theta z}(u, z, \theta) + [C_v]'_z(u, z, \theta) \right) \frac{\partial z}{\partial t} \quad \text{together with } \vartheta = C_v(u, z, \theta) := \int_0^1 \theta c_v(u, z, t\theta) dt \end{aligned}$$

An enthalpy-like transformation (assuming, for simplicity, $c_v = c_v(u, \theta)$ only):

$$C_v(u, \theta) := \int_0^1 \theta c_v(u, t\theta) dt.$$

We use the calculus:

$$\begin{aligned} \frac{\partial}{\partial t} [C_v(u, \theta)] &= \int_0^1 c_v(u, t\theta) \frac{\partial \theta}{\partial t} + \theta [c_v]_{\theta}'(u, t\theta) t \frac{\partial \theta}{\partial t} + \theta [c_v]_{u}'(u, t\theta) \frac{\partial u}{\partial t} dt \\ &= \frac{\partial \theta}{\partial t} \left(\int_0^1 c_v(u, t\theta) + [c_v]_{\theta}'(u, t\theta) t \theta dt \right) + \left(\int_0^1 \theta [c_v]_{u}'(u, t\theta) dt \right) \frac{\partial u}{\partial t} \\ &= \frac{\partial \theta}{\partial t} \int_0^1 \frac{d}{dt} (c_v(u, t\theta) t) dt + [C_v]_{u}'(u, \theta) \frac{\partial u}{\partial t} = \frac{\partial \theta}{\partial t} c_v(u, \theta) + [C_v]_{u}'(u, \theta) \frac{\partial u}{\partial t} \\ &\quad \text{with } [C_v]_{u}'(u, \theta) = \int_0^1 \theta [c_v]_{u}'(u, t\theta) dt. \end{aligned}$$

The heat-transfer equation:

$$\frac{\partial \vartheta}{\partial t} - \operatorname{div}(K(u, z, \theta) \nabla \theta) = r + \left(\theta \psi''_{\theta u}(u, \theta) + [C_v]_{u}'(u, \theta) \right) \frac{\partial u}{\partial t} \quad \begin{array}{l} \text{needs to be controlled} \\ \text{together with } \vartheta = C_v(u, \theta). \end{array}$$

A more general situation $c_v = c_v(u, z, \theta)$:

$$\begin{aligned} \frac{\partial \vartheta}{\partial t} - \operatorname{div}(K(u, z, \theta) \nabla \theta) &= r + \left(\theta \psi''_{\theta u}(u, z, \theta) + [C_v]_{u}'(u, z, \theta) \right) \frac{\partial u}{\partial t} \\ &\quad + \left(\theta \psi''_{\theta z}(u, z, \theta) + [C_v]_{z}'(u, z, \theta) \right) \frac{\partial z}{\partial t} \quad \text{together with } \vartheta = C_v(u, z, \theta) := \int_0^1 \theta c_v(u, z, t\theta) dt. \end{aligned}$$

Stored energy used in Part I (here for simplicity without isotropic hardening):

$$E(t, u, \pi, \theta) = \frac{1}{2} \mathbb{C}(e(u) - \pi - \mathbb{E}\theta) : (e(u) - \pi - \mathbb{E}\theta) + \frac{1}{2} \mathbb{H}\pi : \pi - g(t) \cdot u.$$

An important feature in isotropic (e.g. polycrystalline) materials: $\text{dev } \mathbb{E} = 0$.

Thermodynamics of the plasticity with hardening:

u = displacement,

$z = (\pi, \eta)$ = the plastic deformation and the hardening parameter,

viscosity, inertia, thermal expansion, heat equation

$$\rho \frac{\partial^2 u}{\partial t^2} - \text{div} \left(\mathbb{D} \frac{\partial e(u)}{\partial t} \right) - \text{div}(\mathbb{C}(e(u) - \pi - \mathbb{E}\theta)) = f,$$

$$\partial R \left(\begin{array}{c} \frac{\partial \pi}{\partial t} \\ \frac{\partial \eta}{\partial t} \end{array} \right) + \left(\begin{array}{c} \mathbb{C}\pi + \mathbb{H}\pi \\ b\eta \end{array} \right) \ni \left(\begin{array}{c} \mathbb{C}e(u) \\ 0 \end{array} \right),$$

$$c_v(\theta) \frac{\partial \theta}{\partial t} - \text{div}(\mathbb{K}(\theta)\nabla\theta) = r \left(\frac{\partial \pi}{\partial t}, \frac{\partial \eta}{\partial t} \right) + \mathbb{D} \frac{\partial e(u)}{\partial t} : \frac{\partial e(u)}{\partial t} - \theta \mathbb{E} : \mathbb{C} \frac{\partial e(u)}{\partial t}$$

where \mathbb{D} = viscosity-coefficient matrix, ρ = mass density,

\mathbb{E} = thermal-expansion matrix, $c_v = c_v(\theta)$ = the heat capacity,

$\mathbb{K} = \mathbb{K}(\theta)$ = the thermal conductivity matrix.

Important: isotropic material: no adiabatic term like $\theta \mathbb{E} : \mathbb{C} \frac{\partial \pi}{\partial t}$ because

$$\mathbb{C}_{ijkl} = \lambda \delta_{ij} \delta_{kl} + \mu (\delta_{ik} \delta_{jl} + \delta_{il} \delta_{jk}), \quad \mathbb{E}_{ij} = \alpha \delta_{ij} \Rightarrow \mathbb{E} : \mathbb{C} \frac{\partial \pi}{\partial t} = 0$$

Stored energy used in Part I (here for simplicity without isotropic hardening):

$$E(t, u, \pi, \theta) = \frac{1}{2} \mathbb{C}(e(u) - \pi - \mathbb{E}\theta) : (e(u) - \pi - \mathbb{E}\theta) + \frac{1}{2} \mathbb{H}\pi : \pi - g(t) \cdot u.$$

An important feature in isotropic (e.g. polycrystalline) materials: $\text{dev } \mathbb{E} = 0$.

Thermodynamics of the plasticity with hardening:

u = displacement,

$z = (\pi, \eta)$ = the plastic deformation and the hardening parameter,

viscosity, inertia, thermal expansion, heat equation

$$\rho \frac{\partial^2 u}{\partial t^2} - \text{div} \left(\mathbb{D} \frac{\partial e(u)}{\partial t} \right) - \text{div}(\mathbb{C}(e(u) - \pi - \mathbb{E}\theta)) = f,$$

$$\partial R \left(\begin{array}{c} \frac{\partial \pi}{\partial t} \\ \frac{\partial \eta}{\partial t} \end{array} \right) + \left(\begin{array}{c} \mathbb{C}\pi + \mathbb{H}\pi \\ b\eta \end{array} \right) \ni \left(\begin{array}{c} \mathbb{C}e(u) \\ 0 \end{array} \right),$$

$$c_v(\theta) \frac{\partial \theta}{\partial t} - \text{div}(\mathbb{K}(\theta)\nabla\theta) = \mathcal{R} \left(\frac{\partial \pi}{\partial t}, \frac{\partial \eta}{\partial t} \right) + \mathbb{D} \frac{\partial e(u)}{\partial t} : \frac{\partial e(u)}{\partial t} - \theta \mathbb{E} : \mathbb{C} \frac{\partial e(u)}{\partial t}$$

where \mathbb{D} = viscosity-coefficient matrix,

ρ = mass density,

\mathbb{E} = thermal-expansion matrix, $c_v = c_v(\theta)$ = the heat capacity,

$\mathbb{K} = \mathbb{K}(\theta)$ = the thermal conductivity matrix.

Important: isotropic material: no adiabatic term like $\theta \mathbb{E} : \mathbb{C} \frac{\partial \pi}{\partial t}$ because

$$\mathbb{C}_{ijkl} = \lambda \delta_{ij} \delta_{kl} + \mu (\delta_{ik} \delta_{jl} + \delta_{il} \delta_{jk}), \quad \mathbb{E}_{ij} = \alpha \delta_{ij} \Rightarrow \mathbb{E} : \mathbb{C} \frac{\partial \pi}{\partial t} = 0$$

Stored energy used in Part I (here for simplicity without isotropic hardening):

$$E(t, u, \pi, \theta) = \frac{1}{2} \mathbb{C}(e(u) - \pi - \mathbb{E}\theta) : (e(u) - \pi - \mathbb{E}\theta) + \frac{1}{2} \mathbb{H}\pi : \pi - g(t) \cdot u.$$

An important feature in isotropic (e.g. polycrystalline) materials: $\text{dev } \mathbb{E} = 0$.

Thermodynamics of the plasticity with hardening:

u = displacement,

$z = (\pi, \eta)$ = the plastic deformation and the hardening parameter,

viscosity, inertia thermal expansion, θ temperature, heat equation

$$\rho \frac{\partial^2 u}{\partial t^2} - \text{div} \left(\mathbb{D} \frac{\partial e(u)}{\partial t} \right) - \text{div} (\mathbb{C}(e(u) - \pi - \mathbb{E}\theta)) = f,$$

$$\partial R \left(\begin{array}{c} \frac{\partial \pi}{\partial t} \\ \frac{\partial \eta}{\partial t} \end{array} \right) + \left(\begin{array}{c} \mathbb{C}\pi + \mathbb{H}\pi \\ b\eta \end{array} \right) \ni \left(\begin{array}{c} \mathbb{C}e(u) \\ 0 \end{array} \right),$$

$$c_v(\theta) \frac{\partial \theta}{\partial t} - \text{div} (\mathbb{K}(\theta) \nabla \theta) = R \left(\frac{\partial \pi}{\partial t}, \frac{\partial \eta}{\partial t} \right) + \mathbb{D} \frac{\partial e(u)}{\partial t} : \frac{\partial e(u)}{\partial t} - \theta \mathbb{E} : \mathbb{C} \frac{\partial e(u)}{\partial t}$$

where \mathbb{D} = viscosity-coefficient matrix,

ρ = mass density,

\mathbb{E} = thermal-expansion matrix,

$c_v = c_v(\theta)$ = the heat capacity,

$\mathbb{K} = \mathbb{K}(\theta)$ = the thermal conductivity matrix.

Important: isotropic material: no adiabatic term like $\theta \mathbb{E} : \mathbb{C} \frac{\partial \pi}{\partial t}$ because

$$\mathbb{C}_{ijkl} = \lambda \delta_{ij} \delta_{kl} + \mu (\delta_{ik} \delta_{jl} + \delta_{il} \delta_{jk}), \quad \mathbb{E}_{ij} = \alpha \delta_{ij} \Rightarrow \square \cdot \mathbb{C} \pi \cdot \mathbb{E} = 0$$

Stored energy used in Part I (here for simplicity without isotropic hardening):

$$E(t, u, \pi, \theta) = \frac{1}{2} \mathbb{C}(e(u) - \pi - \mathbb{E}\theta) : (e(u) - \pi - \mathbb{E}\theta) + \frac{1}{2} \mathbb{H}\pi : \pi - g(t) \cdot u.$$

An important feature in isotropic (e.g. polycrystalline) materials: $\text{dev } \mathbb{E} = 0$.

Thermodynamics of the plasticity with hardening:

u = displacement,

$z = (\pi, \eta)$ = the plastic deformation and the hardening parameter,

viscosity, inertia, thermal expansion, θ temperature, heat equation

$$\rho \frac{\partial^2 u}{\partial t^2} - \text{div} \left(\mathbb{D} \frac{\partial e(u)}{\partial t} \right) - \text{div} (\mathbb{C}(e(u) - \pi - \mathbb{E}\theta)) = f,$$

$$\partial R \left(\begin{array}{c} \frac{\partial \pi}{\partial t} \\ \frac{\partial \eta}{\partial t} \end{array} \right) + \left(\begin{array}{c} \mathbb{C}\pi + \mathbb{H}\pi \\ b\eta \end{array} \right) \ni \left(\begin{array}{c} \mathbb{C}e(u) \\ 0 \end{array} \right),$$

$$c_v(\theta) \frac{\partial \theta}{\partial t} - \text{div} (\mathbb{K}(\theta) \nabla \theta) = R \left(\frac{\partial \pi}{\partial t}, \frac{\partial \eta}{\partial t} \right) + \mathbb{D} \frac{\partial e(u)}{\partial t} : \frac{\partial e(u)}{\partial t} - \theta \mathbb{E} : \mathbb{C} \frac{\partial e(u)}{\partial t}$$

where \mathbb{D} = viscosity-coefficient matrix,

ρ = mass density,

\mathbb{E} = thermal-expansion matrix,

$c_v = c_v(\theta)$ = the heat capacity,

$\mathbb{K} = \mathbb{K}(\theta)$ = the thermal conductivity matrix.

Important: isotropic material: no adiabatic term like $\theta \mathbb{E} : \mathbb{C} \frac{\partial \pi}{\partial t}$ because

$$\mathbb{C}_{ijkl} = \lambda \delta_{ij} \delta_{kl} + \mu (\delta_{ik} \delta_{jl} + \delta_{il} \delta_{jk}), \quad \mathbb{E}_{ij} = \alpha \delta_{ij} \Rightarrow \square, \mathbb{C} \pi : \mathbb{E} = 0$$

Stored energy used in Part I (here for simplicity without isotropic hardening):

$$E(t, u, \pi, \theta) = \frac{1}{2} \mathbb{C}(e(u) - \pi - \mathbb{E}\theta) : (e(u) - \pi - \mathbb{E}\theta) + \frac{1}{2} \mathbb{H} \pi : \pi - g(t) \cdot u.$$

An important feature in isotropic (e.g. polycrystalline) materials: $\text{dev } \mathbb{E} = 0$.

Thermodynamics of the plasticity with hardening:

u = displacement,

$z = (\pi, \eta)$ = the plastic deformation and the hardening parameter,

viscosity, inertia, thermal expansion, θ temperature, **heat equation**

$$\rho \frac{\partial^2 u}{\partial t^2} - \text{div} \left(\mathbb{D} \frac{\partial e(u)}{\partial t} \right) - \text{div}(\mathbb{C}(e(u) - \pi - \mathbb{E}\theta)) = f,$$

$$\partial R \left(\begin{array}{c} \frac{\partial \pi}{\partial t} \\ \frac{\partial \eta}{\partial t} \end{array} \right) + \left(\begin{array}{c} \mathbb{C}\pi + \mathbb{H}\pi \\ b\eta \end{array} \right) \ni \left(\begin{array}{c} \mathbb{C}e(u) \\ 0 \end{array} \right),$$

$$c_v(\theta) \frac{\partial \theta}{\partial t} - \text{div}(\mathbb{K}(\theta) \nabla \theta) = R \left(\frac{\partial \pi}{\partial t}, \frac{\partial \eta}{\partial t} \right) + \mathbb{D} \frac{\partial e(u)}{\partial t} : \frac{\partial e(u)}{\partial t} - \theta \mathbb{E} : \mathbb{C} \frac{\partial e(u)}{\partial t}$$

where \mathbb{D} = viscosity-coefficient matrix,

ρ = mass density,

\mathbb{E} = thermal-expansion matrix,

$c_v = c_v(\theta)$ = the *heat capacity*,

$\mathbb{K} = \mathbb{K}(\theta)$ = the *thermal conductivity* matrix.

Important: **isotropic material**: no adiabatic term like $\theta \mathbb{E} : \mathbb{C} \frac{\partial \pi}{\partial t}$ because

$$\mathbb{C}_{ijkl} = \lambda \delta_{ij} \delta_{kl} + \mu (\delta_{ik} \delta_{jl} + \delta_{il} \delta_{jk}), \quad \mathbb{E}_{ij} = \alpha \delta_{ij} \Rightarrow \square, \mathbb{C} \pi : \mathbb{E} = 0.$$

Stored energy used in Part I (here for simplicity without isotropic hardening):

$$E(t, u, \pi, \theta) = \frac{1}{2} \mathbb{C}(e(u) - \pi - \mathbb{E}\theta) : (e(u) - \pi - \mathbb{E}\theta) + \frac{1}{2} \mathbb{H}\pi : \pi - g(t) \cdot u.$$

An important feature in isotropic (e.g. polycrystalline) materials: $\text{dev } \mathbb{E} = 0$.

Thermodynamics of the plasticity with hardening:

u = displacement,

$z = (\pi, \eta)$ = the plastic deformation and the hardening parameter,
viscosity, inertia, thermal expansion, θ temperature, heat equation

$$\rho \frac{\partial^2 u}{\partial t^2} - \text{div} \left(\mathbb{D} \frac{\partial e(u)}{\partial t} \right) - \text{div}(\mathbb{C}(e(u) - \pi - \mathbb{E}\theta)) = f,$$

$$\partial R \left(\begin{array}{c} \frac{\partial \pi}{\partial t} \\ \frac{\partial \eta}{\partial t} \end{array} \right) + \left(\begin{array}{c} \mathbb{C}\pi + \mathbb{H}\pi \\ b\eta \end{array} \right) \ni \left(\begin{array}{c} \mathbb{C}e(u) \\ 0 \end{array} \right),$$

$$c_v(\theta) \frac{\partial \theta}{\partial t} - \text{div}(\mathbb{K}(\theta) \nabla \theta) = R \left(\frac{\partial \pi}{\partial t}, \frac{\partial \eta}{\partial t} \right) + \mathbb{D} \frac{\partial e(u)}{\partial t} : \frac{\partial e(u)}{\partial t} - \theta \mathbb{E} : \mathbb{C} \frac{\partial e(u)}{\partial t}$$

where \mathbb{D} = viscosity-coefficient matrix,

ρ = mass density,

\mathbb{E} = thermal-expansion matrix,

$c_v = c_v(\theta)$ = the *heat capacity*,

$\mathbb{K} = \mathbb{K}(\theta)$ = the *thermal conductivity* matrix.

Important: **isotropic material**: no adiabatic term like $\theta \mathbb{E} : \mathbb{C} \frac{\partial \pi}{\partial t}$ because

$$\mathbb{C}_{ijkl} = \lambda \delta_{ij} \delta_{kl} + \mu (\delta_{ik} \delta_{jl} + \delta_{il} \delta_{jk}), \quad \mathbb{E}_{ij} = \alpha \delta_{ij} \quad \Rightarrow \quad \mathbb{C}\pi : \mathbb{E} = 0.$$

Analysis bears several peculiarities:

- Fully implicit time discretization does **not** yield an incremental problem with a **variational structure** (existence by Schauder fixed point only, calculation by Newton iterative method converged)
- energetic-solution concept important
(weak convergence of the dissipative heat source)
- fine a-priori estimates: test the force equilibrium by $\frac{\partial u}{\partial t}$,
test the flow rule $\frac{\partial \pi}{\partial t}$, $\frac{\partial \eta}{\partial t}$,
test the heat equation by 1
- **positivity of temperature**,
- test the heat equation by $1 - 1/(1+\theta)^\epsilon$, $\epsilon > 0$,
 L^1 -theory for heat equation (Boccardo, Galouët, et al.) and
interpolation of the adiabatic-heat term (Gagliardo, Nirenberg): $\nabla \theta \in L^{5/4-\epsilon}$
- **numerics**: FEM discretization, regularization, subsequent convergence
(**positivity of temperature** likely **difficult** even on accute meshes).

T.R. (in SIAM J.Math.Anal. 2010), numerics S.BARTELS+T.R. (in M2AN 2011)

Some **left aspects**:

anisothermal models with diffusion or
dynamical models –elastic waves

(some are T.R. & G.TOMASSETTI, arXiv no.1412.4949)

Some **open problems**:

Again **complete damage** does not seem to be investigated with visco-plasticity.

convergence if damageable viscosity, i.e. $\mathbb{D} = \mathbb{D}(\zeta)$

Some references:

- S.Bartels, T.Roubíček: Thermo-visco-elasticity with rate-independent plasticity in isotropic materials undergoing thermal expansion. *Math. Modelling Numer. Anal.* **45** (2011), 477-504
- T.Roubíček: Thermodynamics of rate independent processes in viscous solids at small strains. *SIAM J. Math. Anal.* **42** (2010), 256-297.
- T.Roubíček: Thermodynamics of perfect plasticity. *Disc. Cont. Dynam. Syst. - S*, **6** (2013), 193-214.
- T.Roubíček: *Nonlinear Partial Differential Equations with Applications*. 2nd ed. Birkhäuser, Basel, 2013.
- T.Roubíček, G.Tomasetti: Thermomechanics of hydrogen storage in metallic hydrides: modeling and analysis. *Discrete Cont. Dynam. Systems - Ser. B*, **19** (2014), 2313-2333.
- T.Roubíček, G.Tomasetti: Thermomechanics of damageable materials under diffusion: modeling and analysis. *Zeit. angew. Math. Phys.* **66** (2015), 3535-3572.

More on: www.karlin.mff.cuni.cz/~roubicek/trpublic.htm
or: https://www.researchgate.net/profile/Tomas_Roubicek2

Thanks a lot for your attention.

More on: www.karlin.mff.cuni.cz/~roubicek/trpublic.htm
or: https://www.researchgate.net/profile/Tomas_Roubicek2

Vielen Dank für Ihre Aufmerksamkeit.